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ALMANAC
A.D.
1857

A. Mackenzie, General Agent, Nashville, Tenn.

J. W. Miller - Agent

H A T S



We are told by Shakspeare, "Uncle lies the head which wears a crown." How different is the case with that head which wears one of

KNOX'S

Castors? **EASE, GRACE and FASHION**

are contrived in these; inasmuch that the man who carries one of Knox's Hats on his head may be known at a distance by his graceful bearing and ease of wearing, and indeed, to put one of Knox's Hats on the outside of your head, you bear witness that you have a great deal in the inside of it.

212

Broadway.



THE KNOX HAT



**KNOX,
THE HATTER,**

212 Broadway,

Has this season excelled himself in the **QUALITY, appearance and STYLE** of his Hats. They are universally acknowledged to be **MATCHLESS**. If you want a splendid article, made from the **BEST MATERIALS**, and in the best manner, give him a call, place your head under his care for a few moments, and he will supply you with a

"**HAT AS IS A HAT.**"

KNOX'S

GREAT WHOLESALE AND RETAIL

H A T

AND

FUR ESTABLISHMENT;

No. 212 BROADWAY,

COR. FULTON STREET,

NEW YORK.

Merchants and others throughout the United States, are respectfully informed that as heretofore the most extensive assortment of

Gentlemens' Hats, Childrens' Fancy Hats & Caps, Straw Goods, Ladies' Riding Hats and Gloves, Umbrellas, Furs of every description, Sleigh Robes, and other Fancy Furs

CAN BE FOUND.

KNOX has ranked for the past twenty years as the chief manufacturer of hats in this Country, and his sales probably exceed those of any half-dozen of his competitors. His Fabrics exhibit **Originals of Style, Excellence of Material and Superiority of Manufacture**, while his determination to

SELL CHEAPER

than his rivals remains **UNABATED.**

GIVE HIM A CALL

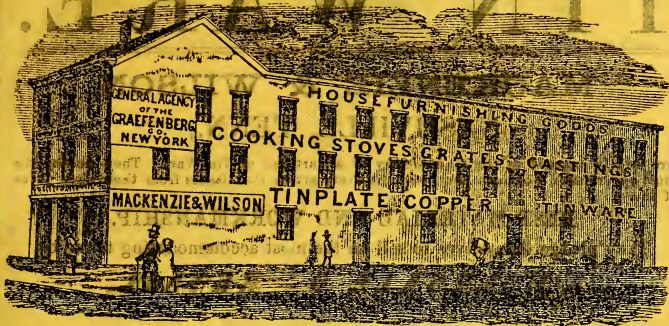
When visiting the City, and he will satisfy you that his terms are as liberal as his stock is unsurpassed.

Wholesale dealers can procure a complete stock of every article in the trade, and as the reputation of **KNOX** is world-wide, they will find it to their interest to make their purchases of him. He will sell his best hats on as low terms as are charged elsewhere for inferior articles.

Er. Wood his book

MACKENZIE & WILSON,

No. 17 College St., Nashville, Tenn.



MANUFACTURERS OF

TIN AND COPPER WARE,

AND

WROUGHT IRON COOKING STOVES,

DEALERS BY WHOLESALE AND RETAIL IN

Premium Cooking Stoves,
Air Tight " "
Parlor " "
Office and Ship, " "
Church and School, " "
Common Egg Coal, " "

Franklin Stoves,
Juno & Boston Parlor Stoves,
Mantel Grates, N. Y. patterns
" " Gothic " "
" " Louis XIV " "
Mantel Grates for Parlors,

Grates for Offices,
Sad Irons,
Patent Self-Heat'g Sad Irons.
Box Sad Irons,
Italian " "

Hollow Ware Castings from the best Pittsburgh Foundries,

COMPRISING

Ovens and Lids,
English Pots
Wash Kettles,
Wagon Boxes,

Biscuit Ovens and Lids,
Stew Pots,
Foot Scrapers,
Sad Irons,

Dog Irons,
Stew Kettles,
Bark Mills,
etc., etc., etc.

Wooden Ware,
Platform Scales, from 5 to
2500 pounds.
Counter Scales,
Tea " "
Japanned Ware,

Sauce Pans lined with Tin or
Porcelain,
Pumps,
Willow Baskets,
Coffee Mills of all kinds and
sizes,

Britannia Ware,
Water Coolers,
Bird Cages,
Cutlery of every description,
Wire Goods,
etc., etc., etc.

AND EVERY DESCRIPTION OF

HOUSE FURNISHING GOODS.

A complete assortment of the celebrated Graefenberg Medicines are constantly on hand, at Wholesale and Retail. A liberal discount is made to the trade, and orders from country dealers are solicited by

A. MACKENZIE, Nashville, Tenn.

General Agent of the Graefenberg Company for Tennessee and Northern Alabama.

FOR SALE BY

MANUFACTORY OF TIN WARE.

MACKENZIE & WILSON,
NASHVILLE, TENN.,

Are largely engaged in the manufactory of all articles of Tin Ware. They employ the most experienced workmen, and warrant every article that issues from their shop to be of the

BEST MATERIAL AND WORKMANSHIP.

They pledge themselves to sell on the most accommodating terms by

WHOLESALE OR RETAIL.

AND

Will not permit themselves to be Undersold in this Market.

Merchants from Middle Tennessee, North Alabama, and the adjoining Counties of Kentucky, would do well to call and examine the

QUALITY of our GOODS and ascertain our PRICES

before purchasing elsewhere. If accommodating terms, and good bargains will secure customers, we are determined to obtain them.

FORCE, CISTERN AND CHAIN PUMPS.

The Subscribers have on hand, and are prepared to supply at a very small advance upon the manufacturers prices, all sizes of Cast Iron revolving spout,

CISTERN PUMPS,

from the celebrated manufactory of Messrs. DOWNS & Co.

These Pumps are of simple construction, may be taken apart, examined and repaired, if needed, and replaced ready for operation, in a few minutes, and that without the use of tools. *The best and cheapest Pumps in use.* We have, also, a few of the same Pumps with BRASS CYLINDERS, that never rust. We have also,

DEEP WELL PUMPS,

That will raise water from any depth. Also,

FORCE AND LIFT PUMPS,

Of every description, for Baths, Houses, &c.

GARDEN ENGINES,

On the most approved constructions, for watering gardens, nurseries, &c., and have saved many valuable buildings from fire, as they are simply Fire Engines of a small construction.

We have, also, a full supply of IRON CURBS for Chain Pumps, Tubeing, Reels, Chains, Spouts, and everything necessary for putting up this popular style of Pump.

It is our intention to keep a full supply of all the above articles, so that Planters and Country Merchants can always be supplied at the lowest market prices. *For Cash,* we will sell so low, as to secure the custom of all desiring the above articles.

We desire, also, to call the attention of the farming community to the Patent

MEAT CUTTERS AND SAUSAGE STUFFERS,

which we will supply at exceedingly LOW PRICES.

THE GRAFENBERG HEALTH

For the year of our
July 4th, the 81st of
of the



COMPANY'S ALMANAC,

Lord 1857, and, until
the Independence
United States.

HAVING fully spoken of the origin of Graefenberg Medicines, and their early struggles for popular favor, in other publications; and, knowing that they have now attained such a position in public estimation as to become standard articles of trade, to be bought by the dealer as he buys staples of silk and cotton, we have devoted the principal portion of the following pages to certificates of absolute cures, and to such descriptions of the symptoms of ordinary complaints as will enable all to detect the approach of disease, and to discover a remedy.

While expressing our obligation to those whose confidence in our integrity induced them to test our remedies, and then lend us their valuable aid in placing them in the very first rank, and far ahead of any other popular family medicines, we may be permitted, perhaps, to add our assurance that this confidence shall never be abused, and that the Graefenberg seal shall never stamp anything but a pure, valuable, honest and reliable remedy for the diseases it professes to cure.

ALL COMMUNICATIONS SHOULD BE ADDRESSED TO

J. F. BRIDGE, Sec'y, 32 Park Row, N. Y.

In requesting attention to the anatomical descriptions, and to the symptoms of disease in the following pages, we desire to say that they are principally abridgements from ample and correct detailed descriptions in the Graefenberg Manual of Health, to which the reader is referred for complete satisfaction. We are assured that it will be deemed one of the most valuable books in every household where it has a place, and a short notice on page 29, gives a statement of its contents and value.

ASTRONOMICAL CALCULATIONS,

BY SAMUEL H. WRIGHT, DUNDEE, YATES COUNTY, NEW YORK.
ECLIPSES FOR 1857.

There will be *two* Eclipses of the Sun, and *none* of the Moon.

I. A total Eclipse of the Sun, March 25th, invisible *east* of the meridian of Washington; but *west* of that city the eclipse will be *partial* and *visible*: At Washington the eclipse begins at the moment of sunset, and *west* of that, it will begin just before sunset.

II. An annular eclipse of the Sun, Sept. 17th, at about midnight in the United States, and hence, invisible.

MORNING AND EVENING STARS.

Venus will be Evening Star until May 10th, then Morning Star the rest of the year. Mars will be Evening Star until June 7th, then Morning Star the balance of the year. Jupiter will be Evening Star until April 11th, then Morning Star until Nov. 3d. Saturn will be Evening Star until July 10, then Morning Star the rest of the year.

FOR OTHER CALENDERS, See Pages 18—36.

January, 1857, 31 Days.

MOON'S PHASES.

D.	H.	M.	SUN	SUN	MOON	☾
			rises	sets.		
First Quarter,	3	7	6		Morn.	
Full Moon,	10	4	0		Morn.	
Last Quarter,	17	11	42		Even.	
New Moon,	25	6	18		Even.	

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HOW WE ARE MADE.

At the solicitation of many of our friends we have given a sketch of some of the principal organs of the human body, with as full a description as our limits will allow. In so doing, we regret that want of room obliges us to be so incomplete, but the general reader may find something of interest in the perusal and certainly learn that we are indeed "fearfully and wonderfully made."

Figure 1.--Side view of the Digestive Organs.



From birth until maturity a healthy state of the digestive organs is essential for a proper development of the body, and, after then it is equally necessary to make good the wear which is constantly going on, until death stops that wonderful and mysterious phenomena of human life which is on every side of us, the secret springs of which are ever hid from human wisdom, and the method of its preservation and repair, a theme of constant and unflagging scientific research.

The mouth, (1, 2, 3,) is admirably adapted by the joint action of the teeth, jaws, and tongue, to pulverise the food and prepare it for digestion. During this operation it becomes mixed with saliva or spittle, which appears to consist of water, mucous, and a small proportion of phosphate of lime. It is a most powerful aid to digestion however, for no fluid of any kind will fill its place, and without it food rests heavily on the stomach, causing indigestion and irritations. It is in this point of view that hurried eating is injurious, and the reason why eating slowly will sometimes restore health, is chiefly because the saliva has an opportunity to become thoroughly incorporated with the food, and thus fit it for complete and easy digestion.

When the food has been well chewed it passes into the gullet (5). This is a strong flexible tube supplied with a mucous fluid so that the food may slide easily through it, while there are powerful con-

- 1.—The upper jaw. 2.—The lower jaw. 3.—The tongue. 4.—The roof of the mouth. 5.—The gullet. 6.—The wind pipe. 7.—The carotid gland, the one which swells when the mumps are present. 8.—The gland producing saliva. 9.—The stomach. 10.—The liver. 11.—The gall bag. 12.—The duct, which conveys the bile to mix with the food from the stomach. 13, 14.—The Pancreas. A.—The twelve inch intestine, or chyle gut. C.—The end of the small intestine. F, G.—The great intestine. J.—The rectum.

tracting muscles which force the food through into the stomach, and which act so effectually that the process cannot be stopped when once begun, even by an effort of the will. The wind pipe (6) lies just in front of the gullet, and the disagreeable choking sensation called "getting things down the wrong way," is merely the lodging of particles of food in the opening of the wind pipe.

The stomach (9) of a grown person is capable of comfortably holding two or three pints. It may be stretched far beyond this by eating and drinking immoderately, but diseases follow its continued expansion; and it is capable of contracting, so that life and even health may be preserved with a much less quantity. When it is full, both ends are firmly closed and they gradually relax as digestion goes on, and the necessity for more is at once made known by a sensation of hunger. The coats of the stomach are wrinkled, and full of little glands which secrete the gastric juice necessary for digestion, and which acts only on the thin layers nearest to the stomach. After these layers are digested they are moved forward to make room for others, the stomach contracting and expanding for that purpose, very much as a worm crawls. The gastric juice has never been analyzed, so that its wonderful component parts are not fully understood; it has no power upon living substances, either of the body itself, or foreign animalcula, but it instantly attacks all else, reducing even steel, stone and marble, in the process of time. As this fluid acts upon the food in connection with the muscular contractions of the stomach, it becomes changed into a thick greyish paste termed chyme, and in this state, digestion being completed, it is ready to leave the stomach and become absorbed into the body.

Just below the edges of the ribs on the right side, immediately under the diaphragm or fleshy separation between the stomach and abdomen, and near the stomach, lies a large solid and dark colored mass, termed the liver (10). It is by far the largest organ in the body, weighing about four pounds, and its office is to prepare bile from the blood, a fluid essential to the purification of the blood and to the formation of what is termed chyle, as we will now explain. The blood vessels of the liver terminate in very small points, where the bile is first observed in such minute quantities as to require a magnifying glass for its detection, hundreds of little vessels unite with each other, and each pours its tribute of bile into the great receptacle or gall bag, (11,) where from six to eight ounces of bile are daily secreted and carried into the intestines by the little passage (12) which we have exhibited in the figure. In this state it is a deep yellow and very bitter fluid, but becomes milder and less acrid by mixing with the pancreatic fluid, which seems to exercise an equal influence upon the digested aliment.

The pancreas or sweet-bread (13, 14,) is a large narrow gland, six or seven inches long, directly under the stomach, and shaped somewhat like a dog's tongue. It secretes a mild fluid closely resembling spittle, called pancreatic fluid, which meets the bile in the first intestine, and both together are mixed with the chyme or digested food from the stomach.

The whole mass is now yellowish, bitter, with little smell, and is ready to move forward into the small intestines (a. c.). The coats of the intestines are full of little mouths, giving them a velvety appearance, and termed lacteals. These lacteals suck up the nutritious portion of the digested food, called chyle, and leave the refuse in the middle to be carried into the colon or great intestine, (F. G. H.) and then evacuated at the vent (J).

The Graefenberg Manual of Health, contains more extended remarks upon the organization of the body, and it will richly repay careful study. Causes, symptoms and prevention of all diseases, will also be found in its pages.

Figure 2.--Front view of the Principal Organs.



- 1.—The muscles of the chest. 2.—The ribs. 3, 4.—The lungs. 5, 6.—The heart. 9.—The main pulmonary artery, which carries the blood into the heart. 10.—The great artery, which distributes the blood throughout the body. 12.—The windpipe. 13.—The gullet. 15.—The diaphragm, or fleshy separation between the stomach and abdomen. 16.—The liver. 17.—The gall bag. 18.—The stomach. 19, 20, 21, 25.—The great intestines. 22.—The small intestines. 23.—The skin rolled down.

As the nutritious portion of the food, or the chyle as explained in figure 1, is sucked up by the coats of the intestines it is carried into the right cavity of the heart, where it becomes converted into blood: In its first state however, it is unfitted to restore the powers of the body and retain them in health, and it becomes purified by the complicated and wonderful process of breathing.

The organs of respiration are termed lungs, see figures 2 and 3, occupying the chest as exhibited in figure 2. The left lung is rather the smallest owing to the room taken up by the heart. Air passes into them through the windpipe, and the very delicate membranous lining is so slight that vapor or gasses can be transmitted through them, and the air coming in contact with the blood, purifies it of its carbonic acid and water which are thrown off with the exhalation of the breath.

In brief, the act of breathing draws pure air into the lungs, where it meets the imperfect blood, purifies it, and throws off its impurity, and then a fresh portion of blood passes into the lungs ready for the next breath, and so the process goes on without ceasing until the close of life.

A more definite idea of the structure of the lungs may be gained from the following figure, which we have prepared with great care.

DISEASES OF THE LUNGS.

The Graefenberg Company have never prepared any specific medicine for coughs, colds, bronchial inflammations and hoarseness, which lead to consumption if neglected. The Graefenberg Vegetable Pills and Health Bitters will do more to remove them, however, than all the best specific cough mixtures we ever knew. After consumption has unfortunately become seated there is no remedy which is of so much value as the GRAEFENBERG CONSUMPTIVE'S BALM, and it will also cure the primary complaints if they are too obstinate for the pills and bitters. We do not say that this is absolutely certain in every instance, for so many defer taking it until it is too late to do anything, that disappointment sometimes results from its use. We do say, however, that the Consumptive's Balm will cure if anything will, and duty to the sick patient imperatively demands its use, as its effects have been so well substantiated that to neglect it would almost be a criminal act.

I have to confess that I have been convinced. Your Graefenberg Vegetable Pills will break up a cold quicker and better than anything I ever saw. In hoarseness, inflammation, sore-throat and all the evils that finally produce consumption of the lungs they are unequalled. We should seldom hear of a case of consumption if these remedies were used, and consumption itself would seldom be fatal if the Consumptive's Balm was taken in time.

RALPH HARDINGE, M. D., *Augusta.*

may well say that I was rescued from the very brink of the grave. I had neglected premonitory symptoms, and bye and bye when I was alarmed I found it was too late. I had genuine consumption and grew worse and worse. I did not see how I could ever rise again. My symptoms were short and dry cough; expectoration of frothy mucous, sometimes watery and streaked with blood, and then of various colors; there was great uneasiness in the chest which was aggravated by lying down; the pulse was very quick towards evening and the face flushed after eating; I had very low spirits and the appetite was impaired; the legs and face bloated and I was too weak to stand.* I began to use the Graefenberg Consumptive's Balm though with little faith, but it cured me effectually and I am as well as ever I was. I have seen many others cured the same way. Your price is pretty high, but I don't know that we ought to complain when it does so much good.

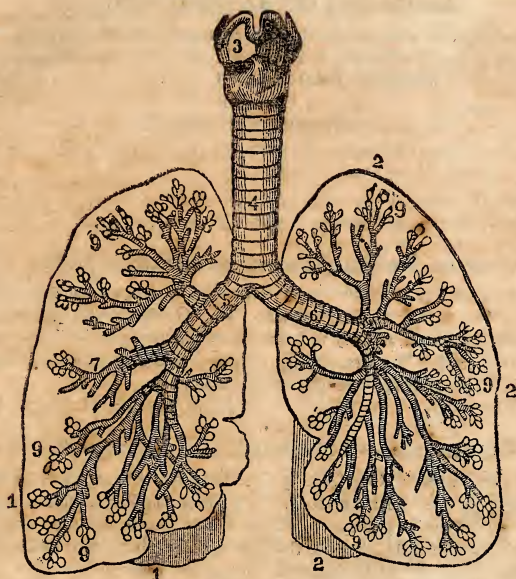
E. P. PETERSON.

**These are the symptoms usually attending a serious case of Consumption and they should never be neglected for a moment. Sometimes they are not so severe but a necessity for the medicine is indicated, and the earlier it is taken the more is the certainty of a speedy cure.*

NERVOUS AFFECTIONS.

No two persons feel *exactly* alike in these complaints, though there is generally fretfulness, fears of an imaginary evil, accompanied by flatulence, and flushings of the face. The patient is always very susceptible to cold and has cold feet. There is often a sensation of sinking and faintness, especially in a crowd, or when the patient is excited. *Treatment.*—The nerves should be braced by cold bathing, and the diet should be always nourishing. The various preparations of iron taken in moderate doses, will be found very serviceable, but above all it is necessary to keep the bowels regularly open, and to destroy acidity and flatulence in the stomach. A Graefenberg Pill taken every evening, will act as an alternative and remove the predisposition to the complaint. If the complaint is caused by any disturbance of the uterine organs in females, use Marshall's Uterine Catholicon. See very valuable remarks in the Graefenberg Manual of Health, page 161.

Figure 3.--Representation of the Organs of Respiration.



1.--Outline of the right lung. 2--Outline of the left lung. 3.--The larynx, or organ of voice. 4.--The wind pipe. 5, 6.--The bronchial tubes. 7, 8, 9.--Air cells.

The organ of voice (3) is situated on the top of the wind pipe extending to the base of the tongue. It is often strongly marked, especially in elderly persons, forming the protuberance popularly called Adam's apple. This organ forms the top of the wind pipe, and lies just in front of the gullet.

Choking is caused by food or other matter getting into it instead of going down the throat, and sometimes by having such a large substance in the throat that it cannot be swallowed, and then it presses on the wind pipe and causes death exactly like strangulation.

When the wind pipe reaches the pit of the neck, it branches off in two parts called bronchia. They descend into the lungs in numerous subdivisions, and full of little air cells, forming altogether a surface of about twenty thousand square inches, or about thirty times the surface of the human body. The blood is projected from the heart in jets, and the pulse is caused by the periodical action of the heart. In infants it beats more than a hundred times a minute; in grown persons about seventy times, and in old persons only about sixty times.

There are many other very important organs which we must omit, as a description would require much more space than our little book will allow.

We trust that we have said enough to awaken an interest in the study, and to induce the necessary care and attention to the preservation of the wonderful mechanism of the human body, without which health must fail, and disease and suffering usurp the place of comfort and pleasure. In the following pages we have made an effort to describe the symptoms and remedies for various diseases, so that they can easily be understood and effectual measures taken in time.

DISEASES OF DIGESTION.

From an examination of figure 1—the importance of keeping the digestive organs in a state of health will easily be conceived. Their principal diseases in this country are, Acidity of the Stomach; Bilious Complaints; Fevers; Want of Appetite; Costiveness; Cramps and Colic; Bowel Complaints; Dyspepsia or Indigestion; Erysipelas (partly a complaint of the skin, see skin diseases); Headaches; Jaundice; Liver Complaint; Nervous Affection; Night Mare; Sleeplessness; Nausea and Vomiting; and Worms.

The following certificates are compiled from our files with great care, and, as they cover various complaints above enumerated, a careful examination is requested.

Nervous Derangement of the Stomach.

Capricious appetite, either voracious or otherwise, is generally produced by derangement of the nerves of the stomach. The Graefenberg Vegetable Pills should be used in all cases, as they will remove all impurities and restore the diseased organs to health. The Graefenberg Health Bitters should be used as a tonic to invigorate and permanently strengthen the system.

H. R. BERIAN, M. D., N. Y.

Flatulence--Acidity of the Stomach.

As a family medicine, the Graefenberg Vegetable Pill is unequalled. In fact, I never saw anything come nearly up to it. In weak stomach, with flatulency, sour or bitter risings; ill humor; sleepiness after a meal; nausea, and sometimes vomiting of acid or mucous fluid, they are the most valuable things that can be taken. A dose of three on going to bed, followed by one every night for a week will work wonders.

WILLIAM T. CHAPMAN, M. D., *Cambridge.*

Indigestion.

I have long been troubled with bad symptoms. Irregular appetite with great hunger that would be satisfied with very little food, and then I would have risings, sour and insipid taste in the mouth; nausea; stomach tender to the touch; heartburn; water-brash; constipation, heat and redness in the face, and great nervousness. I may well say physicians were in vain, for the more I consulted the worse I got. I finally used your GRAEFENBERG VEGETABLE PILLS, (a full dose one night, and then one pill every night for a week or two,) and now I laugh at the doctors and the medicines too, for I am as well a man as ever stepped. I have seen many others similarly cured.

JOHN M. DUNCAN, *Madison.*

A Valuable Certificate.

I was a victim of medicine and the doctors for years, and was so used to it that I seemed lost if I did not get a dose every day or two. My symptoms were difficulty of breathing after a meal, pain in the stomach; belching of wind; water coming from the stomach into the mouth; acid risings; constipation, and then again looseness of the bowels. In fact, I had indigestion of the worst kind. The least exposure would cause a cold and then I would chill and be miserable for days. After a while I pitched the doctors overboard, and, finding that it would not do to take nothing, I went through a course of Graefenberg Vegetable Pills, which, with the occasional aid of the Health Bitters, as a tonic, entirely cured me, and I have used no medicine for three years.

DANIEL J. MUNSEN, *Hudson St., N. Y.*

Want of Appetite.

I have always found the Graefenberg Vegetable Pills superior to anything else in cases of depraved or want of appetite. Also, in all diseases of indigestion, as well as in the commencement of fevers. Recent colds and influenzas are rapidly broken up by their use.

THOMAS C. WALTERS, M. D., *Springfield.*

Liver Complaint.

If you ever want to see a happy man, you must come and take a look at neighbor Timson, who applied to me six months ago, with the worst kind of liver complaint. The symptoms were the same as usual in such cases, such as pain and uneasiness in the right side, much increased by pressure or by a sudden jerk: pain at the top of the shoulder, sallow complexion; depraved appetite; irregular bowels; offensive stools; emaciation and debility. He found great difficulty in lying on the left side: the urine was highly colored and scanty; there was considerable cough and raising of phlegm, together with thirst and nausea. I gave him a full dose of Graefenberg Vegetable Pills twice a week and one pill every night, and followed this course for four weeks, when he became perfectly cured. He had suffered for years, and tried many physicians without success. Before I used Graefenberg remedies I had tried to cure him in vain. I have now used Graefenberg medicines for several years in my practice, and find them more valuable than any I ever met with. In all liver and bilious diseases they act like a perfect charm. In indigestion and dyspepsia they are first-rate. I do not say that they will never fail, for nothing short of Almighty wisdom is certain, but I do say that the Graefenberg preparations are more reliable medicines than any I have ever found in the course of thirty-five years active practice as a physician.

M. J. DARRELL, M. D., *Philadelphia.*

Colic.

I have been cured of a severe and long standing bilious and liver complaint, by the Graefenberg Vegetable Pills. I have also known recent cases of indigestion always removed by a dose or two. They never fail when there is taste of food in the mouth, uneasiness, heaviness, fullness, and pain in the stomach; pressure as from a stone in the stomach; gripings, and inclination to diarrhoea. All colics give way to them quickly.

FRANK KINGSLAND, *Brooklyn.*

Bilious Disorders.

Real genuine biliousness such as is caused by change of climate or weather, or by continued indigestion, is principally characterized by oppression and swelling in the pit of the stomach, with inclination to vomit, and with belching of offensive wind, like rotten eggs; no appetite and unpleasant taste in the mouth; desire for acids; tongue thickly yellow or brown coated; yellowish color in the eyes, nose and mouth; dark circle around the eyes; head-ache in the evening, with oppression and heat. The Graefenberg Vegetable Pills will remove all these symptoms. I have traveled over the whole country and have noticed bilious complaints in every climate. I have seen them cured under any and all circumstances, with GRAEFENBERG VEGETABLE PILLS, and I have seen all other prescriptions and medicines fail in hundreds of instances. From my examination of them, I am satisfied that the most delicate constitution could never receive any harm from their use.

LEWIS N. OSTRAND, M. D., *Flushing.*

Dyspepsia.

In my daily practice as a physician, I have been accustomed to use the Graefenberg family medicines and to compare their effects with those commonly used in the profession. It is but justice to say that the Graefenberg are far superior to any others. For all diseases of the digestive organs they are unequaled. Any of the following symptoms will be rapidly cured by the GRAEFENBERG VEGETABLE PILLS. Heat in the head; redness in the face; shivering; great susceptibility to cold; low spirits; heart-burn and flatulence; palpitation of the heart with general uneasiness; pressure on the stomach; pains in the back and loins, and general pains in the neck, legs and arms; irregular bowels; uneasiness in the stomach; blue circle under the eyes; craving after sweet things, which always give pain after eating; cold hands and feet; great excitement of the nerves, sometimes with trembling; burning sensation after eating, removed by cold water but returning again; hysterical sensations, and great mental and physical debility. There are of course many other symptoms, but I have rapidly given you the most prominent. In brief, you may confidently recommend the Graefenberg Pills wherever there is disease of the digestive organs.

B. KITTREDGE, M. D., *Portsmouth.*

Colds---Feverishness.

It is with the greatest pleasure that I add my testimony in favor of your invaluable GRAEFENBERG VEGETABLE PILLS. I assure you that I have known suffering, and I believe that hundreds and thousands of others suffer the same way, who need suffer no more if they used your pills. I was troubled with confused head and head-ache; yellowness of the white of the eye; unpleasant taste in the mouth with thirst and risings; food disagreed with me; furred, dry, white and yellowish tongue; the whites of the eye were yellow; the stomach was cramped, with tightness round the waist; tired and sleepy in the morning, sleep seemed to do me no good; there was a general sense of uneasiness and my mind was much distressed. A friend advised the use of Graefenberg Vegetable Pills, and though I thought it was hoping against hope, I went on, used them according to directions for a while and was perfectly cured. In all recent cases of colds, or disagreement of food, or where there are feverish symptoms, I never knew them to fail of giving immediate relief.

E. B. SHOTWELL, *Philadelphia.*

Costiveness.

The GRAEFENBERG VEGETABLE PILLS, have cured a feeling of emptiness and hollowness in the stomach, sour taste, dryness of the throat, and irregular bowels. Also, tongue furred and coated with white and yellow, with inclination to diarrhoea. One pill every night for a week, and then one every other night for two weeks, will certainly cure costiveness.

S. E. BLAISDELL, *Carthage.*

Nausea and Vomiting.

I have been cured myself, and seen others cured of nausea and vomiting, both recent and chronic, by the GRAEFENBERG VEGETABLE PILLS. If you think my certificate of any use you are at liberty to use it.

PHILIP REMINGTON, *Granville.*

Gripping.

Gripping Colic, and colics of all kinds are relieved by the Graefenberg Vegetable Pills sooner than by any other known remedy, as far as my experience goes, and I feel that twenty-eight years practice gives me some right to form an opinion.

O. L. NORTON, M. D., *Washington.*

Dizziness.

One very important symptom of digestive diseases is dizziness or vertigo, especially on rising from a chair, or a stooping posture. I have never known the GRAEFENBERG VEGETABLE PILLS fail to relieve this immediately and permanently. All of your medicines are equally valuable. I have tried them in my practice, and in my own family for years, and I sincerely hope they meet with the success they deserve.

AMOS CHESLEY, M. D., *Williamsburgh.*

Jaundice.

This disease is known by the yellow color it imparts to the whites of the eye and the skin. It is not dangerous of itself, but must not be neglected, or fevers, chronic, bilious, and other serious diseases may follow. Your Graefenberg Vegetable Pills will most certainly remove the disease, and ward off all ill consequences. They are especially certain when there is constipation, and dry skin; sometimes there is fever towards night, which remits in the morning. I might also say from experience, that all of the Graefenberg Medicines are effectual cures in those cases of disease described in your publications.

EDWARD J. BILLINGS, M. D., *Hull.*

Inflammation of the Spleen.

This complaint is characterized by sharp-pressing or shooting pains in the left side below the short ribs. On pressing where the pain is felt a cough is generally excited with nausea. Whenever those symptoms are felt, the Graefenberg Remedies should be tried at once. I have been afflicted with inflammation of the spleen for a long time. Nothing that the old fashioned doctors did gave me any relief. The Graefenberg Vegetable Pills cured me at once and permanently. The Health Bitters were occasionally taken to give me an appetite, and you will allow me to recommend your remedies in all cases.

B. EMMONS, *Roxbury.*

Worms.

The principal symptoms indicating worms are itching of the fundament; convulsive cough; nausea; frightful dreams; starting in the sleep; feverishness; offensive breath; bad taste in the mouth; irregular and voracious appetite; dark color under the eyes; grinding of the teeth during sleep; trembling of the limbs and convulsions; enlargement and hardness of the abdomen; picking at the nose and sneezing; wasting of flesh. I have never known anything equal the GRAEFENBERG CHILDREN'S PANACEA for the removal of worms. I have frequently noticed sick and weak children become healthy, fat and robust, after using the Panacea for a short time. Large clusters of worms would be expelled and health immediately follow. For grown persons I think the Graefenberg Vegetable Pills the best remedy I have known, though they must look out and not continue them in excessive purgative doses too long. A full dose two or three times a week and a single Pill every night for a few weeks will do the business. The Children's Panacea is decidedly the best medicine for all infantile complaints that I have ever seen. I use nothing else for my little ones.

D. S. MURRAY, M. D., *Charleston.*

You may depend upon it that the Graefenberg Children's Panacea is the best medicine for worms ever known in this country. I have used it, and seen it used in all sorts of cases. It never fails to make the babies well of any complaint (see diseases of children). My wife would comb my hair the wrong way very quick if I forgot to bring it home when she wanted it.

M. DUDLEY, *Pittsburgh.*

Heart-Burn and Water-Brash.

I could not eat for a long time without the food lying heavy like a stone. Motion made me feel worse, and there were shooting rheumatic pains all over me. The GRAEFENBERG HEALTH BITTERS, gave me a good appetite, and the VEGETABLE PILLS completely restored me to health. Doctors tell me that they will always cure that disagreeable rising in the throat, called heart-burn and water-brash, and I have seen it do so, several times.

R. PENFIELD, *Oswego.*

Obstinate Costiveness.

Long continued constipation can only be radically cured by taking one GRAEFENBERG VEGETABLE PILL every night, and using proper diet. In recent cases, especially where there is pressure in the abdomen as from a stone, tenderness in the bowels when touched, difficult evacuations and sharp pressing pains, a full dose of the pills at night, with a cup of warm tea, will do the business effectually. I was cured myself and know what I say.

THOMAS L. MANNING, *Norfolk.*

Head-ache.

Persons who lead a sedentary life, and are troubled with constipation and pains in the loins, hip, and back, as if they were broken, together with weakness and lassitude, will find a ready and permanent cure in the GRAEFENBERG VEGETABLE PILLS. I have suffered so much, and so long, and have experienced so much relief from this valuable remedy, that I only do right to let the world know how useful it is. Headaches, either nervous, sick, or of any kind, will be cured if the directions are followed out. My wife used to suffer dreadfully, but they cured her.

P. SEELAND, *Louisburg.*

False Pleurisy.

This is a disease somewhat resembling, and frequently mistaken for pleurisy, and is known by sharp shooting pains under the ribs; worse on pressing upon or between the ribs. On sneezing, coughing, or when taking a long breath, these symptoms are particularly felt. Sometimes there is hic-cough. Bending the body forward will frequently relieve for a moment. No alarm need be felt in such cases, for a few doses of GRAEFENBERG VEGETABLE PILLS will remove them permanently.

S. M. UBSON, M. D., *Baltimore.*

Inflammation of the Liver

I was cured of what the physicians call chronic inflammation of the liver. I had sour or bitter taste in the mouth, fits of low humor; shootings and beatings under the ribs; shortness of breath; dizziness; head-ache and thirst. The GRAEFENBERG VEGETABLE PILLS completely cured me, after they had done their best with other medicines without avail.

S. VARNEY, *Coventry.*

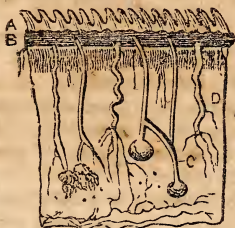
Salt Rheum, Ring Worm, Scald Head, Barber's Itch.

Though they are all actually diseases of the skin they are more or less owing to impurity of the blood, and sometimes, to disease of the digestive organs. The Graefenberg Green Mountain Ointment will cure them, but a little of the Sarsaparilla Compound should be taken to purify the blood. The Health Bitters should also be taken to keep up the appetite and give tone to the digestive organs. Time is often necessary, but if this course is persevered in, together with attention to cleanliness, a cure is certain.

HENRY FINDLAY, M. D., *Savannah.*

DISEASES OF THE SKIN.

A full description of the structure of the skin will be found in the Graefenberg Manual of Health. Though apparently so simple, its construction is most wonderful, and upon its health depends that of the whole body in a great measure. It consists of three distinct layers one over the other; first, the uppermost or scarf skin, which is the substance that peels off when a blister is raised; this is of the same material as the nails, has no nerves or blood vessels and is destitute of sensation. The second is a layer containing coloring matter, and it is this which creates all shades of complexion from the jet black of the negro, to the delicate hue of the brunette. The third is the true skin and the principal seat of sensation. Its most important function is to throw off impurities from the body by means of perspiration, which is continually going on, though generally insensibly, and which amounts to more in quantity than the united exhalation of the bowels and kidneys. The skin not only covers the outer surface of the body but it extends throughout the nostrils, mouth, throat and lungs; in some parts being thick and hard as the palms of the hands and the soles of the feet, while in the lungs it is delicate as the finest cobweb. We append an illustration of a greatly magnified piece of skin taken from the Graefenberg Manual of Health. The small conical eminences A are called papillae. These are the extremities



of the nerves of sensation and also of the pores. B marks the layers containing the coloring matter and the true skin. The little ducts C supply nourishment to the skin, and D conveys perspiration to the surface. Oil glands are contained in great abundance in some parts of the skin, but especially on the head. They open at the roots of the hair and form little tubes communicating with the surface. It is owing to their healthy action that the hair is preserved soft and moist, they produce the wax in the ears, and a

stye in the eye is caused by their disease. The glands which carry off perspiration are globular balls lying in the lower part of the true skin and communicating with the surface by innumerable little pores. Their quantity is absolutely incredible to the unlearned reader, being about twenty-eight hundred to every square inch of surface. It is impossible to touch the skin with the point of the finest needle without coming in contact with them, and the whole quantity in the skin of a full sized man is about seven millions.

It will be seen at once how important it is to preserve the skin in a state of health and purity. Cleanliness and friction with plenty of cold water are the most effective agents, and we will now endeavor to show how it may be restored to health if attacked by disease.

Erysipelas or St. Anthony's Fire.

I might devote a whole sheet to praising your Graefenberg Medicines, for they have enabled me to practice more successfully than any others, and have gained me a reputation which leads me to consider myself a rising man. The Green Mountain Ointment, however is what I wish now to speak of, as it has just been the means of curing a very severe case of Erysipelas. This disease may generally be known by redness appearing suddenly on different parts of the body with heat, swelling, tingling, burning and shooting, with fever, thirst, shiverings, head-ache, sleeplessness and great sensitiveness to sound and light. I had frequently cured the disease with the Graefenberg Pills and Ointment, but this was such a severe case

that I really had grave doubts. The pills and ointment did it effectually however, and gratified me so much, besides lifting such a load of care from my mind that I thought I would write you immediately. The Graefenberg Manual of Health, is worth ten times its cost for its directions in this complaint even if there was not another word in it. In BURNS, BOILS, CHILBLAINS, CHAPS, EXCORRATIONS, CONTUSSIONS, WOUNDS, CHAFINGS and PIMPLES, it is only necessary to use the *Green Mountain Ointment* to be convinced that it is the best thing ever discovered for their cure. In fact for all diseases of the skin or where inflammation exists it acts like magic, removing pain at once and healing more quickly than anything I ever saw.

JAMES HANSCOMB, M. D., *ew York City.*

I have used the Graefenberg Green Mountain Ointment in cases of burns, bruises, felons and corns. It has been completely successful in every instance.

SETH HICKS, *Tarboro, N. C.*

My mother had a severe attack of erysipelas in the face, and it swelled to such a degree that she was nearly blind. A box of the Graefenberg Green Mountain Ointment applied to her face completely cured her. The Vegetable Pills were taken to drive humors out of the system.

DAVID WITHERBEE, *Watertown, N. Y.*

Ulcers, Fever Sores, Stings of Insects.

All old sores, matted wounds, fever sores, ulcers and everything of that kind will be immediately healed by the Graefenberg Green Mountain Ointment. The Vegetable Pills or Sarsaparilla Compound should be occasionally taken to purify the blood, open the pores and expel humors from the system.

CLEMENT DENSLOW, M. D., *Baltimore.*

Sore Nipples, Swollen Breasts, Rheumatism, Inflammation.

Ulcers are healed very rapidly; milk leg sores are cured in a very few days. In cases of sore, swollen or broken breasts of nursing-women, I have used the Green Mountain Ointment, and it has given instant relief in all cases. The most severe cases of inflammatory rheumatism have been radically cured by the external use of the Green Mountain Ointment, and the internal use of the Sarsaparilla Compound. Blisters, boils, broken and chapped skin, fresh made wounds and cuts, burns and scalds are healed like a perfect charm. In any case of inflammation of the bowels, sore throat, bronchitis, inflammation of the eyes, or any disease attended with inflammation, either externally or internally, the Green Mountain Ointment either works an effectual cure, or, if it cannot do that, it soothes the system and allows the other remedies to do their work.

H. PIERSON, M. D., *Indiana.*

The Graefenberg Green Mountain Ointment is the best remedy I ever heard of for sores, burns and bruises. I have yet to learn the first case where it has not given entire satisfaction.

JAMES C. WHITE, *Shelby Co., Tenn.*

My family has been in a very distressed situation. My wife has been afflicted with salt rheum for nearly 24 years and my children have been troubled with a scrofulous humor. The Graefenberg Green Mountain Ointment healed them all, and with the Pills and Sarsaparilla to purify the system and the blood, they are now well.

H. PICKERING, *Willardsb'g, Pa.*

DISEASES OF THE BOWELS.

These complaints vary so much in minor symptoms that we are obliged to confine ourselves to a general view of diarrhoea and dysentery, merely remarking that the various symptoms are not of such material importance as is generally supposed, and that we shall point out a means to cure them under all circumstances and in all their varied forms. Diarrhoea, or simple looseness of the bowels is caused by the presence of acrid, irritating fluids, and by an excess of bile ; sometimes it is watery, and again merely loose discharges of ordinary matter. Sometimes it is slimy and bloody and then it becomes a sort of dysentery, which disease differs from diarrhoea by arising from inflammation of the coats of the large intestines, from the matter consisting chiefly of slime, either bloody or pure blood, and from its being attended by violent straining and pain. Cholera Morbus and Asiatic Cholera are essentially the same diseases and require the same treatment, differing only from the milder forms by the sudden intensity of their approach and the rapidity with which they terminate life if not checked. The premonitory symptoms of all the various sorts of bowel complaints are so well known that we need not refer particularly to them, and we will only say that the best and the only sure and safe medicine, either to prevent them from producing the actual disease, or to cure the disease itself in any form or stage is, THE GRAEFENBERG DYSENTERY SYRUP.

Two things should never be lost sight of ; first, that if a looseness of the bowels of any kind is not soon checked, the most awful and fatal consequences ensue, and next, that it is equally dangerous to stop them suddenly by large doses of brandy, opium or astringents. We are aware that these are the remedies generally employed by physicians, but they will admit that they find many more deaths than recoveries to result from their use, and that they dread the responsibility of a case of this kind more than almost any other. When checked in this way the disease is not cured, but the outlet is merely stopped up, and it is fortunate if it re-appears, as then dangerous diseases of the head are averted and the patient has a chance for his life. Several very distinguished cases in succession happened in the vicinity of New York, a year or two ago, when bowel complaints were checked in one day, and death from disease of the brain produced by the medicine took place the next morning.

The Graefenberg Dysentery Syrup is one of the greatest aids to the medical profession and the greatest blessing to the patient that I ever saw. We have never been able to check a discharge without fear of affecting the head. Now we use your Syrup and it cures effectually and there is no danger of its doing any harm. All sorts of bowel complaints yield to it like a charm, and you may take my word for it, that no family is without a bottle if they have any confidence in me.

JAMES KNOWLTON, M. D., *Cambridge.*

My position as Chairman of the Board of Health brought me constantly in contact with persons suffering from diarrhoea, dysentery and cholera. So strongly was I impressed with the value of the Graefenberg Dysentery Syrup in all cases of bowel complaints that I caused it to be sent to Quarantine, where the cholera then existed, and it is not a little singular that but a single case was reported afterward. Facts coming under the observation of my associates in the Board tend to strengthen the belief that this remedy is invaluable in all cases of disease of the bowels

T. R. HIBBARD, M. D., *Ch'n Board of Health, N. Y. City.*

I have had an opportunity of witnessing the effect of the Graefenberg Dysentery Syrup in cases of bowel complaint, especially those of a severe character, and I have no hesitation in saying that it is admirably adapted for the cure of these diseases.

T. R. DeFORREST, M. D., *New York City.*

I have been severely afflicted with chronic dysentery, and for seven months my discharges ranged from two to ten times every twenty-four hours, and always attended with blood. Three bottles of the Graefenberg Dysentery Syrup effected a complete cure.

HENRY W. BARSTOW, 93 *Pine Street, N. Y. City.*

I was severely attacked with dysentery incident to tropical climates, and for which I could obtain no relief. Shortly after my return from Mexico, I used the Graefenberg Dysentery Syrup, which removed the disease in less than twenty-four hours. I have known several instances where officers of the army were afflicted with chronic dysentery, contracted in Mexico, and in every instance the Graefenberg Dysentery Syrup effected a complete cure. I deem it, in every respect, worthy the confidence of the public and the medical faculty, whether in tropical or temperate climates.

A. W. TAYLOR, *Capt. 1st Regt. N. Y. Volunteers.*

A most alarming case of dysentery has just been cured by the Graefenberg Dysentery Syrup. The patient was a lady nearly related to me, and her case was of the most severe kind, entirely baffling the skill of her medical advisers, who were of the highest standing. *A few doses of the Graefenberg Syrup entirely cured her.* I deem the preparation of immense value to the public, and would cheerfully recommend it.

GEO. R. HOWELL, *Park Row, N. Y. City.*

Having had an opportunity to test your valuable medicine for bowel complaints, the Graefenberg Dysentery Syrup, in my family, I most cordially recommend it as affording early and efficient relief in such cases. It acts like a perfect charm, and I cannot doubt that when it is as well known as its merits demand, it will afford relief to thousands now sorely afflicted.

MORRIS FRANKLIN,

Pres. Board of Aldermen, and acting Mayor, N. Y. City.

The Graefenberg Dysentery Syrup has been of untold value to me. I was attacked with diarrhoea, followed by dysentery, and was, in a few hours, prostrated to the most helpless condition. A very few doses relieved the pain and stopped the discharge. I am now well.

N. P. STACY, *Springfield.*

ASTHMA.

The feet should be immersed in warm and weak lye water, and warm herb tea must be drank to promote perspiration. A dose of Graefenberg Vegetable Pills must be taken, and the patient must be kept quiet. A mustard plaster should be applied to the soles of the feet. This treatment will frequently prevent or otherwise mitigate the paroxysm. Our space forbids any *extended* notice of this disease or its treatment; it is fully treated upon in the Graefenberg Manna of Health, page 103, and that work should be consulted by all means.

DISEASES OF THE EYE.

Our most careful attention should be given to any trouble with the eye, as this important organ is subject to a great variety of diseases growing out of its delicate and complicated structure and its exposed position. Most of the remedies used by physicians are injurious, especially if continued too long, and sometimes they only drive the disorder into some other delicate internal organ, there to produce serious and even fatal consequences. The lungs, the bronchia and the stomach have often been affected from an inflammation of the eye having been suppressed with improper remedies.

The Graefenberg Eye Lotion

Is composed of properties which cannot injure the eye, and which are combined together in a most skilful manner. The original recipe was the work of one who had made this delicate organ his study for years, and the universal success attending its use fully warrants us in speaking of it in the very highest terms.

I have seen the Graefenberg Eye Lotion used in every description of diseases of the eye, and I can truly say that I never saw it equalled. It acts like a charm. No one will ever doubt it after a trial. Your printed directions accompanying the bottles are sufficiently plain without my saying any more.

J. C. CHISHOLM, M. D., *Rochester.*

The Graefenberg Eye Lotion is unequalled. It has cured in every instance where it has been tried, and it has been used in some very bad cases.

F. T. EVANS, *Winchester.*

My wife has long been afflicted with sore eyes, and could see but little. A bottle of the Graefenberg Eye Lotion completely cured her, so that she can stitch the bosom of a fine shirt.

L. L. LEWIS, *Cincinnati.*

I have had weak and sore eyes for two years, so that I could not read by candle light. I am now cured by the use of the Graefenberg Eye Lotion.

SAMUEL A. MACKENZIE, *Harrison.*

I have been, during the last summer, grievously afflicted with sore eyes. I could not see to read or attend to my domestic affairs, and they were very painful when exposed to the light. By using the Graefenberg Eye Lotion, my eyes have completely recovered, and I believe it to be a most excellent remedy.

AMY TRUMAN, *North Chemung.*

For some time past I have been very much troubled with my eyes, having a film on each; and, at times there would be much inflammation and they would be very painful. Two bottles of the Graefenberg Eye Lotion removed the film, reduced the inflammation, and entirely cured me.

E. J. BARROW, *Barbadoes.*

For a long time past my eyes have distressed me very much, so that I have been unable to attend to business, and to read by candle light was out of the question. The Graefenberg Eye Lotion has completely cured me, and it has proved an invaluable blessing at a very little cost.

C. D. WHITLEY, *Cayuta.*

The Graefenberg Eye Lotion is the best thing I ever saw for diseases of the eye in any form. I have used it with most decided benefit, and in fact, I prescribe nothing else now for that class of diseases. It may be relied on as well worthy the confidence of all, and it should be kept in every house.

J. C. LIVINGSTON, M. D., *New Orleans.*

FOR OTHER CALENDERS, See Pages 2-36.

August, 1857, 31 Days.

July, 1857, 31 Days.

June, 1857, 30 Days.

May, 1857, 31 Days.

MOON'S PHASES.

Full Moon, D. H. M. 5 1 20 Even.
Last Quarter, 12 0 33 Even.
New Moon, 19 11 18 Morn.
First Quarter, 27 9 57 Morn.

MOON'S PHASES.	SUN rises	SUN sets	MOON sets
1 M. Breasts	4 55 7	5 5 5	6 35 6
2 Tu. Thig's f	4 56 7	4 1 24	6 1 24
3 W. Thig's f	4 57 7	3 2 23	6 3 23
4 Th. Knees V	4 58 7	2 3 26	6 5 26
5 Fri. Knees V	4 59 7	1 rises.	6 7 26
6 Sat. Knees V	5 0 7	0 7 56	6 9 56
7 Tu. Legs	5 1 5	16 59	8 21 5
8 M. Feet	5 2 5	26 58	8 42 5
9 Tu. Feet	5 3 5	36 57	9 7 5
10 W. Head	5 4 5	46 56	9 32 5
11 Th. Head	5 5 5	56 54	10 2 5
12 Fri. Neck	5 6 5	7 53	10 37 5
13 Sat. Neck	5 7 5	8 52	11 22 5
14 Tu. Neck	5 8 5	9 51	11 47 5
15 M. Arms	5 9 5	10 50	12 16 4
16 Tu. Arms	5 10 5	11 49	12 44 4
17 W. Breast	5 11 5	13 47	2 31 4
18 Th. Breast	5 12 5	14 46	3 46 4
19 Fri. Heart	5 13 5	15 45	sets.
20 Sat. Heart	5 14 5	16 44	7 30 3
21 Tu. Heart	5 15 5	17 43	8 12 3
22 M. Bow's	5 16 5	18 41	8 52 3
23 Tu. Bow's	5 17 5	20 40	9 35 2
24 W. Reins	5 18 5	21 39	8 55 2
25 Th. Reins	5 19 5	22 38	9 19 2
26 Fri. Reins	5 20 5	23 37	9 51 2
27 Sat. Sec'ts	5 21 5	25 36	10 27 1
28 Tu. Sec'ts	5 22 5	26 35	11 14 1
29 M. Thig's f	5 23 5	27 33	11 53 0
30 W. Thig's f	5 24 5	29 31	1 9 0
31 Tu. Thig's f	5 25 5	30 30	1 9 0

MOON'S PHASES.

Full Moon, D. H. M. 7 1 36 Morn.
Last Quarter, 14 7 48 Morn.
New Moon, 21 1 4 Morn.
First Quarter, 28 4 6 Even.

MOON'S PHASES.	SUN rises	SUN sets	MOON sets
1 M. Reins	4 34 7	26 52	4 28 3
2 Tu. Reins	4 34 7	26 52	4 52 4
3 W. Sec'ts	4 34 7	26 52	1 22 4
4 Th. Sec'ts	4 35 7	25 1 56	4 4 4
5 Fri. Sec'ts	4 35 7	25 2 41	4 4 4
6 Sat. Thig's f	4 36 7	24 rises.	4 4 4
7 Tu. Thig's f	4 36 7	24 8 21	5 5 5
8 M. Knees V	4 37 7	23 8 56	5 5 5
9 Tu. Knees V	4 37 7	23 9 52	5 5 5
10 W. Legs	4 38 7	22 10 16	5 5 5
11 Th. Feet	4 39 7	21 10 30	5 5 5
12 Fri. Feet	4 39 7	21 11 2	5 5 5
13 Sat. Feet	4 40 7	20 11 29	5 5 5
14 Tu. Feet	4 41 7	19 12 0	6 6 6
15 M. Head	4 42 7	18 38	6 6 6
16 Tu. Head	4 43 7	17 27	6 6 6
17 W. Neck	4 43 7	17 22 7	6 6 6
18 Th. Arms	4 44 7	16 38	6 6 6
19 Fri. Arms	4 45 7	15 sets.	6 6 6
20 Sat. Breast	4 46 7	14 8 48	6 6 6
21 Tu. Breast	4 47 7	13 9 6	6 6 6
22 M. Heart	4 47 7	13 9 28	6 6 6
23 Tu. Heart	4 48 7	12 9 49	6 6 6
24 W. Bow's	4 49 7	11 10 9	6 6 6
25 Th. Bow's	4 50 7	10 30	6 6 6
26 Fri. Reins	4 51 7	9 10 53	6 6 6
27 Sat. Reins	4 52 7	8 11 53	6 6 6
28 Tu. Sec'ts	4 53 7	7 11 53	6 6 6
29 M. Sec'ts	4 54 7	6 11 53	6 6 6
30 W. Sec'ts	4 54 7	6 11 53	6 6 6
31 Tu. Sec'ts	4 54 7	6 11 53	6 6 6

MOON'S PHASES.

Full Moon, D. H. M. 7 0 15 Even.
Last Quarter, 15 2 2 Morn.
New Moon, 21 4 55 Even.
First Quarter, 28 11 12 Even.

MOON'S PHASES.	SUN rises	SUN sets	MOON sets
1 M. Bow's	4 38 7	22 1 43	3 3 3
2 Tu. Bow's	4 38 7	22 1 43	3 3 3
3 W. Reins	4 37 7	23 2 2	3 3 3
4 Th. Reins	4 37 7	23 2 2	3 3 3
5 Fri. Reins	4 36 7	24 2 51	2 51 2
6 Sat. Sec'ts	4 36 7	24 rises.	2 51 2
7 Tu. Sec'ts	4 35 7	25 7 55	2 51 2
8 M. Thig's f	4 35 7	25 8 51	1 1 1
9 Tu. Thig's f	4 35 7	25 9 40	1 1 1
10 W. Knees V	4 34 7	26 10 55	1 1 1
11 Th. Knees V	4 34 7	26 11 23	1 1 1
12 Fri. Legs	4 33 7	27 11 48	0 48 0
13 Sat. Legs	4 33 7	27 11 48	0 48 0
14 Tu. Feet	4 33 7	27 11 48	0 48 0
15 M. Feet	4 33 7	27 11 48	0 48 0
16 Tu. Head	4 33 7	27 11 48	0 48 0
17 W. Head	4 33 7	27 11 48	0 48 0
18 Th. Neck	4 32 7	28 2 2	1 1 1
19 Fri. Neck	4 32 7	28 2 45	1 1 1
20 Sat. Neck	4 32 7	28 2 45	1 1 1
21 Tu. Arms	4 32 7	28 2 45	1 1 1
22 M. Arms	4 32 7	28 2 45	1 1 1
23 Tu. Arms	4 32 7	28 2 45	1 1 1
24 W. Breast	4 32 7	28 2 45	1 1 1
25 Th. Breast	4 32 7	28 2 45	1 1 1
26 Fri. Heart	4 33 7	27 11 27	3 3 3
27 Sat. Heart	4 33 7	27 11 27	3 3 3
28 Tu. Bow's	4 33 7	27 11 48	3 3 3
29 M. Bow's	4 33 7	27 11 48	3 3 3
30 W. Bow's	4 33 7	27 11 48	3 3 3
31 Tu. Bow's	4 33 7	27 11 48	3 3 3

MOON'S PHASES.

Full Moon, D. H. M. 8 9 3 Even.
Last Quarter, 16 6 2 Even.
New Moon, 23 9 40 Morn.
First Quarter, 30 8 4 Morn.

MOON'S PHASES.	SUN rises	SUN sets	MOON sets
1 M. Breast	5 6 54	1 47	3 3 3
2 Tu. Heart	5 6 55	2 15	3 3 3
3 W. Heart	5 6 56	2 38	3 3 3
4 Th. Heart	5 6 57	2 58	3 3 3
5 Fri. Bow's	5 6 58	3 18	3 3 3
6 Sat. Bow's	5 6 59	3 38	3 3 3
7 Tu. Reins	5 7 0	3 57	4 4 4
8 M. Reins	5 7 1	4 rises.	4 4 4
9 Tu. Reins	5 7 2	8 2	4 4 4
10 W. Sec'ts	5 7 3	9 4	4 4 4
11 Th. Sec'ts	5 7 4	10 2	4 4 4
12 Fri. Thig's f	5 7 5	10 55	4 4 4
13 Sat. Thig's f	5 7 6	11 43	4 4 4
14 Tu. Thig's f	5 7 7	11 43	4 4 4
15 M. Knees V	5 7 8	12 0	4 4 4
16 Tu. Knees V	5 7 9	12 9	4 4 4
17 W. Legs	5 7 10	12 19	4 4 4
18 Th. Legs	5 7 11	12 46	4 4 4
19 Fri. Feet	5 7 12	2 4	4 4 4
20 Sat. Feet	5 7 13	2 34	4 4 4
21 Tu. Head	5 7 14	3 0	4 4 4
22 M. Head	5 7 15	3 32	4 4 4
23 Tu. Neck	5 7 16	3 55	4 4 4
24 W. Arms	5 7 17	4 15	3 3 3
25 Th. Arms	5 7 18	4 47	3 3 3
26 Fri. Breast	5 7 19	5 11	3 3 3
27 Sat. Breast	5 7 20	6 11	3 3 3
28 Tu. Heart	5 7 21	7 13	3 3 3
29 M. Heart	5 7 22	8 18	3 3 3
30 W. Heart	5 7 23	9 20	3 3 3
31 Tu. Heart	5 7 24	10 21	3 3 3

MEDICAL SCIENCE.

WE presume most of our readers will be surprised to learn that a relic of the dark ages is still to be met with in every prescription written by their physician : Yet it is so, as every intelligent practitioner knows. When the moon and stars and the fates were supposed to exercise an influence upon disease and medicine, those who administered it were accustomed to attach the symbol of Jupiter to the potion, with an invocation that he would bless its action. The symbol and invocation are expressed by the accompanying illustration which we have taken from



the Graefenberg Manual of Health, a work which contains more valuable matter than any other of its size in the world ; it is prefixed to every order for medicine given by any physician, and is usually supposed to stand for the word *recipe*. We have given the correct origin of it however, though we would not mention it to find fault with the doctors, did not their almost insane determination to hang on to old relics, lead them to write their prescriptions in a dead and barbarous language, and thus mistakes are often made, involving life and death by the misapprehension of a word. For instance, suppose a physician wrote,

R Hydrarg chlor. mit gr. xviii.]
Pulv Aiacia
Syrupi ā ā q. s.
Misce et fiat massa in
pilulas 18 dividenda.

This is an ordinary prescription for calomel pills, one, two or three of which would frequently be ordered, and which would be considered a very harmless dose by those who use calomel at all.

A prescription exactly like this with the exception of the first line, would read, *R Hydrarg chlor. cor. gr. xviii*, but it would call for Corrosive Sublimate, one pill of which would be certain death. It will be noticed that the only difference in the two is the little word "*cor*" and "*mit*"; a physician would hardly make the mistake, but a druggist might easily do so in reading over a prescription written in a crabbed hand, or a person not fully acquainted with his business, and there are many such, might confound the two, and death be the inevitable consequence. Such mistakes are oftener made than people generally are aware of.

Again, sometimes a physician is called in and finds nothing particular the matter, though there is a little sore throat, which gives him a slight chance. It will not do for him to lose his fee, and he desires to impress the patient with a respect for his profound knowledge, and so he writes,

R Pulv Piperi Rubri
Hydro Chloridii Sodii
a a 3 ii
Acidi Acetici
Mellis Despumati
a a 3 iv
Aqua Pura 3 viii
Misce, Fiat Gargarissima.


This prescription is taken to the apothecary, who proceeds with an air of great wisdom to make it up, charging a round price for it, and the patient wonders, no doubt, when he will ever know as much as the doctor. Suppose now the physician had written in plain English, it would read, "*Take two drams each of red pepper and salt ; a table spoon-*

ful of vinegar and honey ; mix them with half a pint of water, make a gargle, and use when necessary. If physicians would write a plain order for Graefenberg Vegetable Pills instead of making themselves ridiculous by turning salt and vinegar into Latin, we submit that they would retain more real dignity, and have a better claim to public confidence than they now have.

DISEASES OF WOMEN.

It is seldom that we see a married woman whose health has not suffered from physical causes inseparable from her constitution ; it is equally rare to find a family of daughters without the large majority being afflicted with complaints which the medical profession has hitherto vainly attempted to cure. Some of these difficulties arise from ignorance, some from known errors of diet, dress and exercise, and some from constitutional weakness. It is a painful thought that life, which otherwise might be a constant source of pleasure, is almost a burden, that natural events should only take place at the expense of comfort and health, and that the time of pregnancy should be a period of dread and anxiety, lest the weakened constitution should not have strength to bear up under it.

It is gratifying to know, however, that then these difficulties may be *relieved in all cases and entirely overcome in most*, the percentage of failure being about three in every hundred, and so much relief is given where an absolute cure is not made, that every woman should use the remedy, and we are assured that all would use it were it once properly brought to their notice. We shall endeavor to give satisfactory proof that MARSHALL'S UTERINE CATHOLICON will do this, and earnestly request our friends to heed the following evidence :

 *Caution must be used in purchasing to observe that the seal of The Graefenberg Company, and the names of Dr. T. Pomeroy and E. Barton are on each bottle, as the success of this remedy has induced the preparation and sale of a worthless article, which has been made to imitate this as closely as possible without making the parties legally liable, and which is of no value whatever.*

Falling of the Womb, Whites, Difficult Menstruation.

Marshall's Uterine Catholicon is a certain remedy in all cases of whites, falling of the womb, deranged menstruation and troubles of pregnancy. I never use anything else either in my family or for my large list of patients.

J. W. BECKMAN, M. D., *New York.*

You may add my experience to that of others and safely say that Marshall's Uterine Catholicon will cure all cases of female complaints such as you describe in your pamphlets.

JAMES CORTLAND, M. D., *Albany.*

I have been cured of falling of the womb which troubled me for ten years. One of my daughters had the whites for years and another never has had her menstrual turns properly since they commenced. Marshall's Uterine Catholicon has cured us all, and we can never be sufficiently thankful.

HARRIET DELANO, *Hudson-st., N. Y.*

Dress Makers, Seamstresses.

Had it not been for Marshall's Uterine Catholicon, myself and two sisters might not now have been living. We are dress makers and depend upon our labors for a livelihood. This kind of confinement produces very unpleasant symptoms, such as we saw mentioned in your advertisements and we used the medicine with perfect success. We know that most women situated as we are suffer too, and we spare no pains to have them use your remedy.

AMELIA ST. ARNOLD, *Brooklyn.*

Spasmodic Fits.

A young female friend of mine had been afflicted four or five years with uterine difficulties, which produced violent spasmodic fits and destroyed her general health. Two bottles of Marshall's Uterine Catholicon cured her completely.

HARVEY PERRY, *Providence.*

Factory Girls, Close Confinement.

Factory girls, seamstresses, and in fact all women who are confined closely, are very apt to suffer with symptoms, either arising from disorders of the uterine organs or surely leading to them if neglected. Let all such get your pamphlets and, if they find any of their symptoms described, use MARSHALL'S UTERINE CATHOLICON at once, for I am sure from long experience, that it will help them and I don't believe anything else will, even if they spend hundreds of dollars on the doctors, though I am one myself.

JAMES NEEDHAM, M. D., *Lowell.*

Weakness in the Back, Pain in the Breasts.

Marshall's Uterine Catholicon has cured me of a weakness in the back; tingling and pain between the shoulder blades extending down the spine; bearing down pains in the uterine organs; darting pains in the bowels and hips; pain in the breasts; irregularity of the bowels and variable appetite. I have noticed these symptoms gradually increasing for several years and three bottles of the Catholicon cured me after expending large sums of money for medical attendance, and suffering much from various methods of treatment adopted by physicians. I hope every woman will procure the remedy without delay.

SARAH H. WILLIAMSON, *Philadelphia.*

Testimony of a Public Nurse, The Turn of Life.

My business has been that of a nurse for more than twenty years, and I have seen so much intense suffering among females of all ages and classes that I should neglect a sacred duty did I not add my testimony in favor of MARSHALL'S UTERINE CATHOLICON. I have seen disorders of the monthly flow in young girls and in women of all ages from the slightest form of the disease to one that inflicted acute pain; I have seen the whites in quantities varying from a spoonful to nearly half a pint a day, sometimes actually prostrating the patient and reducing her to a mummy. I have seen falling of the womb in all its stages, so severe in some that the bed was never left for years; I have seen the time of pregnancy a constant period of suffering and dread, and the hour of childbirth one of more than ordinary torture. In fact I have noticed all and every shape in which these diseases attack a woman from the time of her first commencing womanhood till after the change of life, and I never saw the best physicians do more than temporarily relieve the patient. They have called the complaints disease of the heart, the spine, the kidneys, and all sorts of names, but they never could cure them, no matter what name they called them. I have seen MARSHALL'S UTERINE CATHOLICON tried in precisely similar cases and perfect cures effected in about eighteen out of twenty cases, and great relief given in the others. I never think of using or recommending anything else wherever I am called, and I know of nothing that will at all compare with it. Of course the rapidity of its action varies with the age and constitution of the woman, and the length and severity of the disease. I have known in one instance twenty bottles to be used before a cure was effected, and I have seen a very favorable case cured with one; from three to six bottles however will generally effect a cure. I speak of this medicine because I know what it will do and because I sincerely believe that no woman should be without it. Before dollar after dollar is thrown away upon physicians, and before hope is abandoned, let them listen to the advice of experience and procure this invaluable medicine.

RUTH CHESTER, Public Nurse, *New York.*

Cold Feet, Nervousness, Pain, Debility.

For several years I have suffered from cold feet ; chilliness ; great nervousness ; wandering pains over the whole body ; roaring and whistling in the ears ; sometimes diarrhoea and then obstinate constipation ; debility, mental depression and langour ; burning in the pit of the stomach ; nervous excitement followed by complete prostration ; disarrangement of the menstrual periods with a sort of acrid sharp discharge before and after the regular flow. Four bottles of Marshall's Uterine Catholicon cured me completely, though I had tried all other plans and remedies in vain. I began to experience benefit during the first bottle, but was not entirely well until the fourth.

CAROLINE W. CHILSON, *Boston.*

Heart Complaint.

For a long time my heart seemed to be affected and I feared that there was no cure. The least exertion would cause me to pant for breath ; going up stairs would make the heart beat violently ; any sudden noise would cause it to palpitate, taking my strength right away ; it would sometimes appear to rise in the mouth and turn over and would frequently beat very curiously. I thought there was no hope, when an old nurse asked me if I had not been troubled with uterine difficulties. I told her I had had whites and irregular menstruation for years, and lately, some symptoms of falling of the womb. She advised a trial of MARSHALL'S UTERINE CATHOLICON and, strange to say, it cured me entirely. I had no faith in it but was glad I took it, and have since learned that these uterine troubles are frequently felt about the heart, and I have known many others relieved as I was. I do hope every woman will get it for it is the best medicine ever known.

EMELINE DEVINEL, *Baltimore.*

Change of Life in Young Girls.

My daughter's case is one which I think should be made known for the benefit of all concerned. She had her monthly periods at the age of 15 and after a while they became irregular and she was much troubled. I called in medical attendance but she rather grew worse for a year. Hearing of MARSHALL'S UTERINE CATHOLICON I gave it a trial. One bottle produced a marked and beneficial change restoring the menses though with difficulty. The second bottle entirely cured her and she has been perfectly well ever since. A niece of mine took it in time and was cured with one bottle. A lady used it for her daughter just at the time when the flow should begin, it having been apparently coming for several months and the health beginning to fail, and a few weeks use of the Catholicon resulted in entire success.

MARTHA C. NEWTON, *3d Av., New York.*

Neuralgia, Spasms, Pregnancy.

A very frequent effect of uterine diseases is Neuralgia. It will be completely cured by MARSHALL'S UTERINE CATHOLICON. The principal symptoms are pains, contractions, and spasms in the pit of the stomach, sometimes extending to the chest and back, frequently violent and causing nausea, coldness of the extremities and faintness. All diseases of the uterus, such as whites, deranged menstruation, falling of the womb, and the various sympathetic diseases connected with them, are rapidly and completely cured by this valuable medicine. The time of pregnancy is divested of many of its trials by the use of the Catholicon, and I do not know of any remedy that can at all compare with it.

MARTIN H. CHISWELL, M. D., *New Orleans.*

Failure of Everything Else.

I promised to give you a statement of the effect of Marshall's Uterine Catholicon in the case of my wife. She keeps telling me not to, "for," says she, "they will be sure to publish such a remarkable case if they never do any other." However, she says if she can really help others by mentioning her own symptoms, she does not know that she ought to object. You remember that I had tried all sorts of physicians, had carried her to Cuba one winter, kept her in a water cure establishment for two seasons, and paid more than a thousand dollars, all for nothing. She had been troubled with irregular and difficult menstruation for years; there was falling of the womb so as to cause pain when sitting down, and there was a feeling as if a wet towel was rolled up and was bearing down in the uterine organs; this pain was increased by exercise; there was dryness of the parts in the morning and it seemed as if the contents of the abdomen would fall through; excessive leucorrhœa; weakness; weight and drawing pains through the groins and small of the back, with a feeling as if the legs must be crossed to prevent the contents of the womb from falling out; there was a crawling, tingling sensation throughout the whole body, with chills, icy coldness and feverish flushes. Violent pains would be succeeded by complete prostration, her general health had suffered so much that she was entirely unfitted for domestic or social duties, and we never expected that she would see another well day. You remember that it was only after urgent solicitation that she consented to make one more trial; fortunate indeed was it that she did so, for three bottles of Marshall's Uterine Catholicon gave her new life and vigor and mitigated the most severe local symptoms; and five bottles more completely restored her to health, so that, though two years have gone by, she has not suffered the least relapse. All her physicians and friends look upon this as a most remarkable case. We have seen the medicine beneficially used in one or two cases of young girls just at the change into womanhood, and my aunt used it with equal success at about the age of fifty years. My wife recommends it I assure you, and you would think she was a salaried agent if you heard her talk.

H. M. DAVENANT, 6th Av. N. Y. City.

CHRONIC DISEASES.

This class of diseases always requires great patience and care. They arise from different causes, and judgment must be exercised in reference to the means employed for their cure. When they are owing to an impure state of the blood, a course of Graefenberg Vegetable Pills and Sarsaparilla Compound will remove them. If the bowels are affected, the Graefenberg Dysentery Syrup will bring certain relief. If they exhibit themselves in cutaneous eruptions, the Graefenberg Green Mountain Ointment is the best known remedy; and, if the eyes are affected use the Graefenberg Eye Lotion. Time is necessary for the cure of every chronic complaint, and the Graefenberg Manual of Health should be consulted, as that book contains an extended notice of every known symptom with its appropriate remedy, as used by the most skilful and successful physicians.

Fainting.

Lay the patient on the bed or floor and give plenty of fresh air. Loosen whatever part of the dress is tight and hold spirits of camphor, or a burnt rag, under the nose. When recovered give a dose of the Graefenberg Vegetable Pills and let the diet be very light for a day. A bottle or two of Marshall's Uterine Catholicon has done wonders in cases of females subject to fainting turns.

CHILDREN'S DISEASES.

FOR WORMS, SEE PAGE 11.

Sleeplessness, Flatulency, Griping and Feverishness.

I have used the Graefenberg Children's Panacea in my family for several years. We used to see them suffer very much under the old method of physicians treatment, and have been called to mourn the loss of more than one. Since we have used your medicine they are healthy and we have not lost one. In cases of flatulency, colic, feverishness and when the child is restless and cannot sleep, I never knew it to fail, either in my own family or in the families of my friends. It is a certain cure for worms.

MARIA C. WILLIAMS, *Harrisburg.*

Measles--Convulsions.

The Graefenberg Children's Panacea is infallible in all cases of HEAT SPOTS; JAUNDICE; CONVULSIONS, and the disorders consequent upon TEETHING. In fact it supercedes all other medicines I ever saw for any of the diseases to which children are liable. I have used it constantly and exclusively in my practice for three years and can confidently recommend it. Your directions are full and complete, enabling every mother to prescribe for her children. It is certain to cure in all cases of the MEASLES.

H. G. FERGUSON, M. D., *Concord.*

Croup, (See next page.)

When I know a thing to be good, I tell of it. If I could not get any more of the Graefenberg CHILDREN'S PANACEA, I would not take any amount of money for the half dozen bottles I now have. We buy it by the dozen and it is the cheapest and best medicine we ever had in the house. The use of it together with an emetic of Ipecac has cured croup in my children and in others. We have not had a doctor in the house for more than five years. Before we used the Panacea we used to pay from fifty to a hundred dollars every year. We never had it fail us, and our neighbors speak of it in terms of great praise.

F. G. CAMERON, *Buffalo.*

In DIARRHŒA, FEVER, COLIC, WANT OF APPETITE and WASTING AWAY, you may set down the Graefenberg Children's Panacea as first rate. It cannot be beat in any infantile complaint from a rash up to convulsions and the croup. You may think I speak too highly in its praise, but any mother who has watched and witnessed her darlings drop off, and then seen the same symptoms cured in others, will fully appreciate how to feel in regard to the remedy that saves her little flock. I do not exaggerate at all when I say this of the Children's Panacea. The best of it is, the directions are so plain that no one can fail to do the right thing with it.

EMELINE RIVINGTON, *St. Louis*

Summer Complaint and Cholera Infantum,

Will both be cured by the Graefenberg Children's Panacea. I never saw a remedy which would control these diseases so well. Always endeavor to keep the bowels regular and give a dose of the Panacea whenever they are deranged, either too loose or otherwise. Your directions are very clear and I do not see how any one could well make a mistake.

ROGER P. OLSEN, M. D. *Portland.*

We have adopted one invariable rule in the treatment of our children. "Avoid the doctors and use the Graefenberg Children's Panacea." If we had done it two years before we did, we should have saved hundreds of dollars in money and most likely, the life of our eldest. I wish every one would use it. We should see a rapid falling off in the list of children's deaths, and they would be better and stronger.

• THOMAS MANWARD, *Chicago.*

Croup.*

This dangerous disease is an inflammation of the wind pipe, and happens only to children. The breathing is longer than natural and accompanied by a peculiar wheezing sound. A sharp ringing and barking noise also distinguishes the cough at such times. *Give a brisk emetic at once, then a purging dose of Graefenberg Children's Panacea. (See last page.)*

Scarlet Fever.*

In mild cases nothing more is necessary than to observe a low diet, avoiding cold air and cold drinks. Drink Barley Water or Lemonade. Give a dose of the Graefenberg Vegetable Pills and bathe the body with warm water and Castile Soap.

**Both of those last complaints sometimes require rather more advice. If a competent physician cannot be had, the Graefenberg Manual of Health will afford sufficient directions. The Manual should always be in the family to guard against accidents.*

Teething.

I have never known the Graefenberg Children's Panacea to fail in curing all the disorders incident to teething. I would not write you before, for I wanted to give the matter a fair trial. Now I have no hesitation in saying that it is the very best thing I ever saw, and no mother should let a day pass before obtaining or writing for it.

JOHN GELDING, M. D., *Albany.*

Rheumatism.

A persevering use of the Graefenberg Sarsaparilla Compound and Green Mountain Ointment will remove every taint of Rheumatism. When the case is of long standing or obstinate, the bowels must be kept moderately loose by the Graefenberg Vegetable Pills, and the Graefenberg Health Bitters must be used to give an appetite and restore vigor to the system.

Mumps.

This disease consists of a swelling in the glands of the throat and neck, frequently so severe as to cause difficulty in breathing and swallowing. *Treatment.*—Keep the bowels open by a moderate use of the Graefenberg Vegetable Pills, and apply the Graefenberg Green Mountain Ointment to the seat of the disease.

Checked Perspiration.

A very common occurrence in this changeable climate, and more likely than any other cause to produce colds and fevers if neglected. To guard against this take a moderate dose of Graefenberg Vegetable Pills at night, drink a cup of warm tea and sleep well covered. With care, all ill effects will be gone by morning.

Chicken Pox.

This may easily be distinguished from Small Pox, by there being little fever, by the pustules first appearing on the back, by the appearance of a small watery bladder on the top of each, on the second day, and by its ending in three or four days. It requires no very active treatment. The patient should be kept quiet, with a light cooling diet. Keep the bowels open with the Graefenberg Vegetable Pills, and drink freely of herb teas.

Stiff Neck.

This is a rheumatism of the muscles of the neck, and is much easier caught than cured. Keep a plaster of Graefenberg Green Mountain Ointment constantly around the neck: It may be spread on a linen rag, and the whole covered with a strip of flannel.

DISEASES OF THE BLOOD.

The manner in which the blood circulates throughout the whole system, giving it health and strength, is one of the most beautiful as well as wonderful exhibitions of Divine wisdom. The whole process of digestion, and every function of the human system aims at the production of pure blood, and upon its continued purity depends in a great measure the healthful condition of the body. The insensible perspiration by throwing off impurities, preserves the blood in a state of health, and when the delicate apertures of the skin become closed by a cold or otherwise, various diseases such as eruptions, pimples and blotches attend its depreciation, while its sluggish course through the veins produces lassitude, enervates and enfeebles the frame and lays the foundation for fatal results.

The remedies which will restore purity to the blood, and give health and vigor to the whole body, are perfectly simple, so simple as to oftentimes escape the notice of the physician, while the unheeded remedy is working wonders on every side. Still we should do wrong to say that care and skill was unnecessary in the selection and preparation of the materials, for without them it would be as valueless as chaff. In the first pages of this work we have explained the gradual conversion of digested food into blood, and its circulation through the veins and arteries, and its support of vitality. Our present object is to point out symptoms by which disease may be detected, remedies which will restore health, and the evidence of others that what we say may be fully depended upon.

Most of the articles composing this extraordinary Compound, together with their relative properties and uses, are fully stated in the annexed table. Each ingredient named is well known to medical men, as possessing great curative powers; at the head of which stands the PRINCELY SARSAPARILLA. ~~It~~ It contains two or three vegetable extracts, however, of modern discovery, which we do not make public, but which add wonderful efficiency to all the rest. They are procured at a great distance, at much expense, and enter into no other Sarsaparilla in the world. Their peculiar properties are given in the table.

Table of POWERS, PROPERTIES, and USES.	Alterative.	Diaphoretic.	Diuretic.	Tonic.	Anti-Bilious.	Purgative.	Astringent.	Emetic.	Refrigent.	Stimulating.	General Debility.	Dyspep. Costiv's.	Cutaneous Disease.	Ulcers, Swell's &c.	Scroff, Cane's &c.	Syphilitic Taints.	Mercurial Disease's.	Rheum, Gout &c.	Bilious, Jaundice.	Chronic Diseases.	Female Compt's.	Dropsy.
Sarsaparilla,	4	3	3	3						3	3	4	4	4	4	4	4	3		3	3	
Guaiaicum,	3	3	2			1				3			3	3	3	3	4	3		3	3	
Mandrake,	2			3	4	4	3			2	4	3			3	3		4	4	3	3	
Bardock,	3	4	3			3							3	3	3	3	3			3	3	
Elder,	3	4	3		2	3		3	2	2			4	3	3	3	3	2	3			3
Yellow Dock,	4			3		3		3		3	3	4	4	4	4	3						
Queen's Delight	4			4	3	3	4			4	4	4	4	3	4	4	2	3	2	6		
The Names of these	4	2	2		4								4	4	3	3		4				
IMPORTANT VEGETABLES	4		4	4			3				4	4	4	4	3		4		3	2	4	
are withheld	3	3	4	4	3	1		3		4	4	3	4				2	3				

In the spring and autumn almost everybody suffers, more or less from difficulties caused by change of weather. The Graefenberg Sarsaparilla is the best, and in fact, only *reliable* medicine that will restore health. Professor Frost writes me that he has looked deeply into the matter, and that he is satisfied it is the best preparation of Sarsaparilla and the best blood purifier ever known. In diseases caused by the use of Calomel, in scrofulous complaints, and in troubles arising from syphilis it is alike efficacious. You may depend upon it that it is right and no mistake.

H. J. PORTER, M. D., *Albany*

I have suffered for a long time from disease caused by the frequent use of calomel. Any change of weather went to my bones, and I was frequently troubled with gripping in the bowels. After trying everything else in vain, I used the Graefenberg Sarsaparilla Compound, and was completely cured by two bottles. I had previously used the big bottle Sarsaparilla Compounds *without the least benefit*.

F. M. IREDELL, *New York City*.

I certify that I have used all of the various preparations of Sarsaparilla in this country. There are none of them which can compare with that prepared by the Graefenberg Company of New York. It is invaluable in all diseases of the blood, and where the system has been injured by mercury or other improper medical treatment.

CHAS. T. ROCKINGHAM, M. D., *Milan*.

THE USES AND ABUSES OF PATENT MEDICINES.

It has been said that a thing must be very good before people will take the trouble to put it to a bad purpose. That is, it must be good enough to be *used* before any one will *abuse* it.

This principle holds good with regard to patent medicine better than with almost anything else. When we see the (so called) medical works, and medical advertisements appealing to the lowest and most sensual passions; when we see violent poisons heralded forth as certain remedies for the effect of unlicensed passion, and when we see victim after victim sink to the grave through a too credulous belief in manufactured certificates of wonderful cures, we feel almost inclined to abandon the business. And, when we notice leading newspapers lending their powerful aid to the advancement of any and all these noxious things, we are inclined to leave their columns the exclusive possession of the nostrum, and depend upon our own publications, where we can appeal to reason alone, and induce the purchase of our remedies by the exposition of plain facts which will bear the most searching investigation. As among Medical Practitioners, a great many are illiterate and stupid quacks, so a large portion of patent medicines are unworthy of the least confidence: as in the one case, you would employ as your family Physician, only men of tried experience and known ability; so in the other, you should use only remedies of standard value which have been severely tested.

While, in view of the uncertainty of human life, no man can say I will do this an hour hence, lest that hour find him numbered with the millions who have passed away before him, we do earnestly urge that this uncertainty would be largely diminished if proper attention was paid to the best means of restoring and preserving health. That one of the most efficient aids will be found in the Graefenberg treatment during disease, and in the application of the Graefenberg principles of living during health, we submit as one of the things which have been fully proved.

FEVER AND AGUE.

The symptoms and character of Fever and Ague have not only been thoroughly described in the Manual of Health and other publications of the Graefenberg Company, to which attention is invited, but they are well known in localities where the disease prevails, and one can hardly be attacked without knowing what the matter is.

Our present purpose is to refer to an absolute and reliable remedy, and to satisfy every person that the medicine is really worth their entire confidence. While we would not willingly say a word against any other remedy, a duty to our friends compels the assertion that most of them rely upon powerful mineral properties for their efficacy and, though they may, and do relieve for a while, they do it at the expense of constitutional strength, and the disease either soon returns, or the enfeebled body is left a prey to other forms of illness which are too often fatal. On the other hand THE GRAEFENBERG FEVER AND AGUE REMEDY *does not contain a particle of mineral or other injurious substance of any kind whatever.* It relieves the attack at once, and its continued use for a short time strengthens the system and removes any disposition to the return of the complaint.

The Graefenberg Fever and Ague Remedy has exceeded everything else I ever got hold of. You know that I am inclined to be very particular, and therefore I have given it some pretty searching comparisons with others. They cure sometimes, but oftener not, and when they do, the man is about as bad if not worse off than before. There are so many mineral and other hurtful ingredients in them that I cannot bear the sight of them. They generally let the patient fall right back again, too. I will guarantee that the Graefenberg does not hurt, for I have tried it effectually, and have analyzed it too, so as to be sure that it will not injure the system in the least. I am glad you do not give it any fanciful name, for a good thing shows off to the best advantage in the plainest manner, and the simple Graefenberg Fever and Ague Remedy is destined to cure more cases, last longer, and do more good than the whole lot of the rest together. I have used it for all of my patients in this State, and had given it a good trial in Illinois before I came here.

H. K. BLANCHARD, M. D., Iowa.

I have had the worst attacks of Fever and Ague for years. I used to take one popular remedy after another, using the best of course. They would cure me for a while, but the complaint would always come back, and I grew weak and had other bad symptoms. I finally used the Graefenberg Remedy, and it cured me right up, and a little continuation of it gave me strength otherwise, and I should be apt to blow any body up pretty sharply, who said anything against it where I was.

A. J. PRESCOTT, Detroit, Mich.

We hereby certify that we have submitted the Graefenberg Fever and Ague Remedy to a close inspection and scientific analysis, and have also tested its curative qualities in several cases of intermittent fever. We take great pleasure in saying that it has proved completely successful, and that it is a most skilfully compounded remedy. It must exert a most beneficial influence in all such cases; its tonic properties are immediate and highly salutary, and it is richly deserving the confidence of our brethren of the medical faculty and of the public.


SAML. H. MABREY, M. D., <i>New York.</i>	WM. C. KITTREDGE, M. D., <i>N. Hamps'e.</i>
CHAS. W. REVILLOAN, M. D., <i>Wis.</i>	JAMES T. MOTT, M. D., <i>Indiana.</i>
WM. H. SIMMINGTON, M. D., <i>Illinois.</i>	JNO. Y. TERRINGTON, M. D., <i>California.</i>
THOS. J. JOHNSON, M. D., <i>Missouri.</i>	WM. Y. ASHTON, M. D., <i>Louisiana.</i>

THE GRAEFENBERG MANUAL OF HEALTH.

One of the greatest wants ever felt in the community, was a medical book, written in plain terms for family use. This want has been supplied by the Graefenberg Manual of Health, which is especially intended to enable families to dispense with the services of a physician, and, in localities where a physician cannot be readily obtained, it becomes a matter of so much importance, that no one should hesitate a moment in procuring a copy. This is fast becoming so apparent to the community, that we have found it difficult to keep up with our orders the past year.

THE MANUAL OF HEALTH is divided into seven complete parts, as follows :

Part I. Contains an account of the different Medical Theories of the present day, both good and bad, and their relation to the health of the community. *Part II.* Presents a new doctrine: The Americo Graefenberg System, which need but be understood to command the confidence of the whole community. *Part III.* Describes the causes, symptoms, and treatment of almost every form of disease, including those diseases peculiar to females and children, useful to all classes, even to physicians, as a hand-book. *Part IV.* Contains important directions for the preservation of health, &c. *Part V.* Hints for Nurses, treatment of persons recovering from sickness, cookery for the sick, &c. *Part VI.* Domestic remedies described, including mode of raising and preserving medicinal roots, &c. ; making lotions, poultices, colognes, cosmetics, &c. *Part VII.* Contains a collection of useful tables and receipts. Extended anatomical descriptions of the various organs of the human frame will be found a very interesting feature in the book.

Every person into whose hands this Almanac may come, may be assured that the Manual of Health is of the greatest possible value, both as a work of general reference, and when sudden sickness comes into the household. Every mother will find ample instruction in its pages regarding the application of simple remedies and proper nursing, both for her children and for other members of her family ; and the treatment has been long and thoroughly tested, and approved of by eminent medical authority. Being satisfied that the distribution of the work at cost will add largely to the welfare of the community, the Company have reduced the price to 25 cents, per complete copy, free of postage. *Please address as follows :* GRAEFENBERG COMPANY, 32 PARK ROW, N. Y. Enclosed are 25 cents, for which send your Manual of Health, without postage, to _____ Name, _____ Town, _____ County, _____ State.  Your own letter to us must be pre-paid.

Please send me six copies of the Graefenberg Manual of Health ; I want them for my students who are about locating in the country. I consider it the best and most comprehensive medical work ever published for family reference, and it is equally valuable as a hand-book for physicians.

J. PARKINSON, M. D., *Columbus.*

Since I got the Manual of Health, I have loaned it to others, and now eight of my neighbors want it. Enclosed is the money. I have some thoughts of having my old tattered copy handsomely bound as an evidence of how much we prize it. It has done a world of good in our little town, and I should feel badly if I was where I could not consult it. The little antidotes to poisons may well save life, and it is worth the price of the book tenfold.

JOHN G. SMITHERS, *Dover.*

I must tell you that your Graefenberg Manual of Health has saved our family from most dreadful sickness, as I verily believe. We have not a very good doctor here, and never liked his treatment. Now we use the Manual, and are our own doctors, and get along well. Ours has been the healthiest family here, and we lay it to that alone. It has been a very sickly season. I would not be without it and the medicine, in bringing up my children, for any money.

PAULINE JOHNSON, *Palmyra.*

TONICS.

There is a state of the system when both mind and body seem to be unhinged, and yet there is no tangible disease. The trouble is that the digestive organs are a little weakened and the coats of the stomach slightly relaxed, causing want of appetite, lassitude, general uneasiness and an indescribable feeling of something out of the way that cannot be explained. If these symptoms are neglected the skin becomes discolored, the tongue is coated and a regular fit of indigestion succeeds, requiring the use of Graefenberg Vegetable Pills and other medicines. At first, however, and even afterward in connection with other remedies, something is wanted that is not exactly an active medicine, but which will stimulate the relaxed organs, obliging the stomach to require food and the digestive organs to prepare it properly. These stimulating medicines are called tonics, and there is no series of remedies in which the public is so much deceived. Because it is called a tonic they think they can go on and take it with impunity, and so designing persons frequently palm off worthless and even injurious drugs because they can be prepared at less expense and more money made by their sale.

Simple as they are, they require attention in their selection and then they are what is wanted, a safe, pleasant and health restoring remedy.

That such an article is to be found in THE GRAEFENBERG HEALTH BITTERS will conclusively appear by the following testimony.

In all cases where there is weariness, debility, want of appetite, failure of strength, loss of flesh, and especially after other medicines have been taken, the Graefenberg Health Bitters will build the constitution right up and restore health in a wonderful and surprising manner.

B. G. AYERS, M. D., *Dover.*

I have used the Health Bitters in my practice and find them the most reliable tonic I can procure. In all cases where the patient feels unwell but cannot explain the symptoms, or in other words, where there is only a slight weakening of the digestive organs, without any serious disease, the Health Bitters should be used at once. "I have given them to persons who have been ailing for sometime and they are now much better then they have been for many years."

A. H. WHITE, M. D., *Battenville, N. Y.*

IN JAUNDICE, GREEN SICKNESS, and, in fact, in all diseases of digestion, we require a tonic to stimulate the coats of the stomach after using other medicine. I have had occasion to witness the effect of various tonics in different sections of this country, and in almost every kind of disease where they are ever necessary, and have no hesitation in saying that the Graefenberg Health Bitters have a marked superiority over all others. I confidently recommend them to the notice of physicians and to the confidence of the people.

J. C. KITTREDGE, M. D., *New Hampshire.*

ITCH.

The Itch generally appears first between the fingers or about the larger joints, in the form of small watery pimples, accompanied with intolerable itching. When these are broken, sores and scabs succeed, and spread to all parts of the body. *Treatment*—Take equal parts of flour of brimstone and cream of tartar and mix them with molasses; take as much of this mixture every night and morning as will keep the bowels relaxed. Beware of catching cold; dress warmly and eat everything warm. The parts most affected may be rubbed with Graefenberg Green Mountain Ointment. When the pimples have disappeared, use the Graefenberg Sarsaparilla Compound to purify the blood.

THE PILES.

The disease termed Piles consists of little lumps situated in the rectum. They either protrude and are called external piles, or remain inside and are called internal piles. Sometimes the lumps bleed, when they are termed open or bleeding piles, and again they do not bleed, when they are called blind piles. They are always very painful and sometimes itch intolerably. They make their presence known very quickly to the sufferer, and, as a lengthened description of them would be of no value here, we will proceed at once to mention the best remedy in the world and which has the additional advantage of being fully authenticated.

Dr. Libby's Pile Ointment

has been in use for many years and it never fails to afford *immediate* relief, varying in the final cure however from one week to several months, according to the constitutional health of the patient, his diet, exercise and other matters referred to in the directions accompanying the remedy.

The following certificates are all from men well known to the community at large and are all occupying important public positions.

From W. D. Parsons, Proprietor of The New York Daily News.

I consider it a duty to state for the benefit of those afflicted with that painful disease, the Piles, that some five years ago, I suffered from it to such an extent as to be rendered unfit for business. I endured great pain, and the series of miseries attending this complaint for about two years, when a friend induced me to try "Dr. Libby's Pile Ointment," and after about three weeks use of this remedy it effected a perfect cure; since then I have not been troubled with Piles, and I therefore feel that I am discharging an imperative duty in recommending all who are suffering from Piles to call at the office of the Graefenberg Company and procure a box of their Ointment, which I confidently believe will restore them at once to health.

W. D. PARSONS, *Daily News Office.*

From J. D. Westcott, Governor of and U. S. Senator from Florida.

For upwards of twenty-five years I have been afflicted with the piles, have submitted to two surgical operations for their removal, and have tried more than fifty remedies; Dr. Libby's Pile Ointment is the first that has given me relief. From the effects already exhibited the cure must be rapid and complete.

JAS. D. WESTCOTT.

From Geo. W. Matsell, Chief of Police, New York City.

I have long been troubled with the piles, and the use of Dr. Libby's Pile Ointment gave me immediate relief. It gives me further pleasure to add, that in many instances among my acquaintances it has been used with like results.

GEO. W. MATSELL, *Chief of Police.*

From the late Adjt. Gen. of Connecticut.

I had been afflicted with piles in their most distressing and discouraging form for a period of twenty years, and had had recourse to the best medical skill without benefit. I supposed the case incurable, and thought that it would destroy my life. Under these circumstances I commenced the use of Dr. Libby's Pile Ointment, and the result is a perfect cure. I have no language at my command sufficient to express my gratitude.

WM. H. DEN, *Hartford, Conn., (late Adjt. Gen. of Conn.)*

THE GRAEFENBERG BUSINESS.

HAVING been frequently asked the amount of sales of Graefenberg Medicines, we have looked over our books, and find that in ten States we have sold within a fraction of seven hundred and eight thousand dollars, as exhibited in the accompanying table. We have taken Massachusetts as a fair sample of New England, and Louisiana and Tennessee as about the average of the Southern States. Our room not allowing a statement of all the thirty-one states and territories, we have given enough to enable our friends to judge of the gross amount of our business by calculating for the whole in the proportion of those published. Texas being comparatively a new state, does not show as large figures as some others, but our sales are rapidly increasing there, and it bids fair to equal the rest very soon.

The immense field offered in our own country, and the great demand for our remedies is such that we have deemed it unimportant to make much effort for their introduction into foreign countries. We have added a line showing the usual amount of unsolicited orders, and we doubt not that we could occupy the same leading position there which is now accorded to us in the United States.

The figures in the table are for single boxes and bottles.	Veg'e Pills.		Gr'n Mount Ointment.		Sarsaparilla Compound.		Children's Panacea.		Eye Lotion.		Dysentery Syrup.		Fever and Ague Pills.		Marshall's U'e Cath'n		Dr. Libby's Pile Oint.		Health Bitters.	
	Wisconsin.....	233,424	54,612	18,396	22,680	30,480	32,832	11,596	7,532	4,944	32,328	4,944	2,160	2,160	1,095	5,983	4,944	32,328	4,944	
	Pennsylvania.....	56,146	6,763	2,184	2,568	2,880	1,560	1,560	1,248	1,095 <td>5,983</td> <td>1,095</td> <td>1,248</td> <td>1,248</td> <td>1,536</td> <td>636</td> <td>1,095</td> <td>5,983</td> <td>1,095</td>	5,983	1,095	1,248	1,248	1,536	636	1,095	5,983	1,095	
	Massachusetts.....	70,416	19,260	7,776	7,932	9,084	5,172	1,056	1,536	636	12,660	636	1,536	1,536	1,456	12,660	636	12,660	636	
	New York.....	115,776	23,612	10,380	9,780	10,344	8,136	3,780	2,145	1,240	19,436	1,240	3,780	3,780	2,145	19,436	1,240	19,436	1,240	
	Missouri.....	245,876	49,632	6,624	12,360	21,240	16,932	17,760	8,256	3,904	20,532	3,904	8,256	8,256	2,088	20,532	3,904	20,532	2,088	
	Indiana.....	105,144	6,634	1,404	1,648	4,188	1,551	1,551	2,736	1,660	4,320	1,660	2,736	2,736	2,388	4,320	1,660	4,320	2,388	
	Tennessee.....	56,830	22,500	4,284	3,852	6,084	6,842	3,888	2,556	1,360	5,966	1,360	2,556	2,556	1,360	5,966	1,360	5,966	1,360	
	Louisiana.....	123,840	12,684	4,026	3,780	2,540	3,312	2,556	1,360	972	12,108	972	2,556	2,556	1,360	12,108	972	12,108	1,360	
	Ohio.....	172,944	26,832	12,168	13,908	15,264	14,544	6,780	2,728	1,872	17,340	1,872	6,780	6,780	1,500	17,340	1,872	17,340	1,500	
	Texas.....	34,272	4,536	2,592	1,843	2,592	2,610	2,944	1,500	1,200	3,578	1,200	2,944	2,944	1,225	3,578	1,200	3,578	1,225	
	Foreign Countries..	136,000	2,736	1,900	1,636	1,368	2,076	1,324	56,580	20,540	2,808	56,580	20,540	31,906	20,540	31,906	20,540	31,906	20,540	
	Am't of Packages.	1,330,216	229,856	72,128	81,395	106,064	95,630	56,580	20,540	31,906	20,540	31,906	20,540	31,906	20,540	31,906	20,540	31,906	20,540	
	Dollars.....	332,554	57,464	72,128	40,636	26,516	47,915	23,290	47,709	20,540	34,266	20,540	47,709	47,709	20,540	34,266	20,540	34,266	20,540	

A FAMILY MEDICINE CHEST.

Nothing is more common than for us to receive letters requesting a general assortment of our remedies for family use. Not knowing just what to send for, they cannot remit the money, and extra time as well as labor in writing are consumed. The following is what we usually send, and we have always found it to answer the purpose for ordinary family use, though, when any disease is present requiring Marshall's Uterine Catholicon, the Consumptive's Balm, Pile Ointment, &c., &c., a specific order should be made.

2 Boxes Vegetable Pills, - -	\$0 50	2 Bottles Eye Lotion, - -	\$0 50
2 " Green Mountain Ointm't	0 50	2 " Dysentery Syrup, - -	1 00
2 Bottles Children's Panacea, -	1 00	1 Package Health Bitters, -	0 25
1 " Sarsaparilla, - - -	1 00	1 Manual of Health, - - -	0 25

The above will cost five dollars, and it can be purchased of any of our agents. If the money is enclosed to us we will forward them, safely packed, to any part of the country where there is an express line, free of expense, and when the express does not reach the place we will pay the charges to the end of the express route.

SICK ROOM AND NURSING.

We have abridged a few words on this subject from several valuable pages of the *GRAEFENBERG MANUAL OF HEALTH*. Proper nursing and attention to the room is of as much value as medicine in restoring health, and the book would be cheap if nothing more was contained in it.

Let the room be airy, and have a fire place and windows on two sides, so that good ventilation may be obtained. It should be on the second story to avoid many smells of cooking, vegetables, &c., which might operate injuriously. The room should be carpeted, for the sense of hearing is often morbidly acute, and all noise, especially talking and whispering should be avoided. Frequent whispering and looking towards the patient often induces the belief that the disease is dangerous, and thus an unfavorable effect is produced. All perfumes should be avoided as much as possible, and the air purified by aromatic vinegar, burning a cotton rag or wetting some chloride of lime on a plate. Keep the room light unless in diseases where darkness is absolutely necessary.

A nurse should be young, strong and healthy, and it is especially necessary that she should be of an amiable and pleasant disposition, and abundantly endowed with patience. Sickness always makes a person fretful and impatient, and if the same qualities also exist in the attendants, an irritation is kept up which goes far to counteract the best medicine. These hints may seem so simple as to be unnecessary, but we are assured that they have done much good in many instances, and have contributed essentially to the restoration of health.

ANTIDOTES TO POISONS.

We have selected the following from that most valuable family medical work, *The Graefenberg Manual of Health*. the book itself treats extensively upon the nature and symptoms of different poisons, and the knowledge it imparts concerning them should, alone, cause it to be found in every family. Such frequent and fatal accidents happen, owing to the inadvertent use of a poisonous material and the impossibility of procuring medical advice in time, that no one should hesitate a moment in obtaining a knowledge of what to do in such cases. The simplest treatment might have saved many valuable lives which have been sacrificed through ignorance and delay.

Oxalic Acid ; Sulphuric Acid or Oil of Vitriol ; Nitric Acid or Aquafortis ; Hydrochloric or Spirit of Salt.—Mix an ounce of calcined magnesia with a quart of water, and give a glassful every two-minutes. Soap, or chalk and water, may be used till magnesia can be procured. Chalk with water is preferable to magnesia, if oxalic acid has been taken. If prussic acid has been taken, emetics are to be given with as little delay as possible.

Ammonia or Hartshorn ; Potassa ; Soda.—Vinegar and other vegetable acids must be given largely to neutralize the poison.

Verdigris ; Lunar Caustic ; and Corrosive Sublimate.—Whites of eggs must be mixed with water, and one given every two or three minutes, also milk in large quantities, gum-water, or linseed tea, sugar and water, or water itself, at about eighty degrees of heat. For lunar caustic, a table spoonful of common salt must be dissolved in a pint of water, and a wine-glassful taken every two minutes.

Gamboge ; Croton Oil and Cantharides.—Vomiting must be excited by drinking sugar and water, milk, or linseed-tea very freely.

Arsenic—Vomiting must be encouraged by large draughts of sugared-tea, linseed tea, or other emollient fluids. Lime-water, or chalk and water may be drank freely.

FOOD AND DRINK FOR THE SICK.

During convalescence nature frequently requires food before the appetite craves it, and sometimes it is difficult to select what will tempt the invalid, without inflicting an injury. Great care is always requisite, lest the stomach get overloaded and a relapse take place, but the following articles, many of which have been selected from the Graefenberg Manual of Health, are easily prepared, simple and nutritious, and generally grateful to the invalid.

TOAST WATER.—The bread should be toasted thoroughly, but not burnt to a cinder; a little orange or lemon peel may be put in the pitcher or bowl, and the boiling water poured on. It may be sweetened if desired.

APPLE WATER.—Slice two or three tart apples, and pour on a pint of boiling water, and, if desired, sweeten slightly.

SLIPPERY ELM TEA.—Take an ounce of the sliced bark, or a large table spoonful of the flour of the bark, wet with cold water; pour on a pint of boiling water, let it stand awhile, and strain. An old physician of Louisiana once remarked, that he thought no person need die of fever who could get slippery elm bark. To make it more nutritious, increase the quantity of bark, add sugar, and flavor with cinnamon or nutmeg.

FLAX-SEED TEA.—Take two table-spoonfuls of seed, *not bruised*, a trifle of liquorice root, if at hand, and a pint of boiling water. Excellent in coughs and fevers.

Beef tea is very nourishing, if rightly prepared. Take perfectly lean parts of fat beef, cut it into pieces half an inch square, and soak it some hours in cold water, and then boil all together for an hour. You may improve this by adding a toasted cracker to each bowl-full.

Mutton or chicken tea should be made in the same way, and rice may be added to either, to make it food as well as drink.

Sometimes a piece of codfish or a slice of fat salt pork, roasted upon live coals, will tempt a convalescent appetite when nothing else will answer.

In making porridge of corn or oatmeal, be careful to cook it well. Don't think it done till it has boiled an hour.

Cut some codfish to bits the size of a pea, and boil it a minute in water to freshen it. Pour off all the water, and add some cream and a little pepper.

Split and toast a cracker, and put the above upon it. Milk and a little butter may be used instead of cream.

Ham or smoked beef may be prepared in the same way. For a variety, beat up an egg, and stir it in, instead of cream, or with the cream.

These preparations are also good for a relish for a family for breakfast or tea.

Another excellent dish for sick or well, and economical withal, is made by taking a few cakes of pilot-bread and soaking them till partially soft, after breaking them into mouthfuls, in just water enough to be all absorbed; then cut a slice of fat salt pork into very small pieces, fry it crisp, pour it over the bread, and heat the whole in a stove or oven, or in a spider.

Another plan is to pour over the bread a sweetened butter gravy, or wine sauce, or the juice of stewed fruit or preserves. All are good.

A very excellent food for delicate stomachs may be made by sweetening water, cold or hot, with refined sugar, and crumbing into it stale bread.

Finally, avoid the physician and use Graefenberg Medicines to preserve health. So shall you prosper, and avoid the following epitaph upon your tombstone: "*I was well---tried to feel better---sent for the doctor, and here I am.*"

DEFINITION OF MEDICAL TERMS.

IN writing for popular instruction, we have always avoided scientific medical terms, knowing that our friends much preferred to read plain English understandingly, rather than wade through unintelligible sentences, and then know no more than when they commenced. For the convenience or curiosity of those who take any interest in the matter, however, we append a few of the most commonly used medical terms, with their definition.

Abdomen. The lower cavity of the body.
Abscess. A collection of pus.
Acrid. Pungent.
Acute. Attended with violent symptoms.
Adypsa. Absence of thirst.
Alterative. A medicine which gradually induces a change in the constitution.
Angina. Sore throat.
Anodyne. Assuaging pain.
Antacids. Remedies that obviate acidity in the stomach.
Anthelmintic. Destroying worms.
Antibilious. Correcting the bile.
Antiphlogistic. To reduce inflammation.
Antiscorbutic. Against scurvy.
Antiseptic. Preventing mortification.
Antispasmodic. Relieving spasms and cramps.
Aperient. Gently opening.
Aromatic. Spicy, agreeably scented.
Astringent. Binding, contracting the fibres or solids.
Attenuate. To make thin.
Antiphlogistic. Medicines that oppose inflammation.
Balsamic. Mild, healing, stimulant.
Bulimy. Excessive hunger.
Boborygmus. Rumbling of wind in the bowels.
Carminative. Expelling wind.
Cataplasm. A poultice.
Cathartic. Purgative, cleansing the bowels.
Caustic. An application which consumes the flesh.
Cephalic. A remedy for diseases of the head.
Chronic. Long standing, inveterate.
Calculous. Stony, gritty.
Collapse. Failing of vitality.
Contagious. Communicated by contact or touch.
Cranium. The skull.
Demulcent. Sheathing, lubricating.
Deobstruent. Removing obstructions.
Detergent. Cleansing.
Diaphoretic. Producing gentle perspiration.
Discutient. Dissolving.
Diuretic. Increasing flow of urine.
Efluvia. A stench which corrupts air.
Emetic. A medicine which causes vomiting.
Emmenagogue. Promoting menstrual discharge.
Emulsion. A soft, oily, or mucilagenous mixture.

Exacerbation. Exasperation, increased malignity.
Excretion. Any discharge of matter from the blood.
Expectorant. Increasing the discharge of mucous from the lungs.
Exudation. Discharge from the skin.
Fauces. The top of the throat.
Febrifuge. A medicine which mitigates or subdues fever.
Fungus. Unnatural flesh growing in a sore.
Gangrene. Mortification.
Gland. A membrane to secrete or strain some fluid from the blood.
Glottis. Opening of the windpipe.
Herpetic. Curing diseases of the skin.
Inspissate. To thicken by evaporation.
Laxative. A mild purgative.
Miasma. Infecting gas arising from decomposing matter.
Mucilagenous. Slimy, glutinous, lubricating.
Mucous. Slime, mucilagenous substance.
Narcotic. Causing sleep.
Nervine. Quieting the nerves.
Nephritis. Inflammation of the kidneys.
Obstetric. Pertaining to midwifery.
Obtuse. Dull.
Olfaction. Smelling.
Opiate. A medicine which procures sleep.
Otalgia. Ear-ache.
Panacea. A remedy for all diseases.
Paralytic. Inclined to palsy.
Paroxysm. A fit, the aggravated stage of a disease.
Pectoral. Useful in diseases of the lungs.
Purulent. Generating pus, or matter.
Pus. The matter formed in sores.
Putrid. Rotten, corrupt.
Rabies. Madness.
Refrigerent. Cooling, refreshing.
Respiration. The act of breathing.
Rubifacient. Producing redness of the skin.
Suppuration. The formation of pus.
Saliva. Spitte.
Sedative. Moderating muscular action.
Thorax. The chest.
Tonic. Permanently strengthening.
Torpor. Numbness, dullness, and inactivity.
Vermifuge. A medicine which brings away worms.
Virus. Contagious matter.
Viscera. The bowels.

FOR OTHER CALENDERS, See Pages 2-1

September, 1857, 30 Days.

MOON'S PHASES.

	D.	H. M.	SUN	SUN	MOON
			ris	sets.	sets.
Full Moon,	3 11 59	Even.			
Last Quarter,	10 5 42	Even.			
New Moon,	18 0 25	Morn.			
First Quarter,	26 3 51	Morn.			

	SIGN	SUN	SUN	MOON	
	IN.	ris	sets.	sets.	
1 Tu.	♈	H.M.	H.M.	H. M.	M.
2 W.	♈	5 31 6	29 2	17 0	
3 Th.	♈	5 33 6	27 3	1 1	
4 Fri.	♈	5 34 6	26 3	5 1	
5 Sat.	♈	5 35 6	25 3	6 46	
6 D.	♈	5 36 6	24 7	11 1	
7 M.	♈	5 38 6	22 7	34 2	
8 Tu.	♈	5 39 6	21 8	2 2	
9 W.	♈	5 40 6	20 8	36 2	
10 Th.	♈	5 42 6	18 9	18 3	
11 Fri.	♈	5 44 6	16 11	11 4	
12 Sat.	♈	5 46 6	14 1	1 4	
13 D.	♈	5 47 6	13 21	4 4	
14 M.	♈	5 48 6	12 1	32 5	
15 Tu.	♈	5 50 6	10 2	44 5	
16 W.	♈	5 51 6	9 3	53 5	
17 Th.	♈	5 52 6	8 sets.	6 6	
18 Fri.	♈	5 54 6	6 16	6 16	
19 Sat.	♈	5 55 6	5 6	37 6	
20 D.	♈	5 56 6	4 6	53 7	
21 M.	♈	5 58 6	2 7	23 7	
22 Tu.	♈	5 59 6	1 7	50 7	
23 W.	♈	6 0 6	0 8	24 8	
24 Th.	♈	6 2 5	58 9	5 8	
25 Fri.	♈	6 3 5	57 9	56 8	
26 Sat.	♈	6 4 5	56 10	54 8	
27 D.	♈	6 6 5	54 11	57 9	
28 M.	♈	6 7 5	53 12	53 9	
29 Tu.	♈	6 8 5	52 1	6 10	

October, 1857, 31 Days.

MOON'S PHASES.

	D.	H. M.	SUN	SUN	MOON
			ris	sets.	sets.
Full Moon,	3 10 1	Morn.			
Last Quarter,	10 0 45	Morn.			
New Moon,	17 4 30	Even.			
First Quarter,	25 8 57	Even.			

	SIGN	SUN	SUN	MOON	
	IN.	ris	sets.	sets.	
1 Tu.	♈	H.M.	H.M.	H. M.	M.
2 W.	♈	6 11 5	49 3	28 10	
3 Th.	♈	6 12 5	48 rises.	11	
4 Fri.	♈	6 14 5	46 5	36 11	
5 Sat.	♈	6 15 5	45 6	3 11	
6 D.	♈	6 16 5	44 6	34 12	
7 M.	♈	6 18 5	42 7	15 12	
8 Tu.	♈	6 19 5	41 8	6 12	
9 W.	♈	6 20 5	40 9	6 12	
10 Th.	♈	6 23 5	37 11	24 13	
11 Fri.	♈	6 24 5	36 morn	13	
12 Sat.	♈	6 26 5	34 35	13	
13 D.	♈	6 27 5	33 1	43 14	
14 M.	♈	6 28 5	32 3	50 14	
15 Tu.	♈	6 30 5	30 5	52 14	
16 W.	♈	6 31 5	29 4	54 14	
17 Th.	♈	6 33 5	28 sets.	15	
18 Fri.	♈	6 34 5	26 5	24 15	
19 Sat.	♈	6 35 5	25 5	51 15	
20 D.	♈	6 36 5	24 6	24 15	
21 M.	♈	6 38 5	22 7	2 15	
22 Tu.	♈	6 39 5	21 7	48 15	
23 W.	♈	6 40 5	20 8	41 16	
24 Th.	♈	6 41 5	19 9	41 16	
25 Fri.	♈	6 43 5	17 10	47 16	
26 Sat.	♈	6 45 5	16 11	56 16	
27 D.	♈	6 45 5	15 morn	16	
28 M.	♈	6 46 5	14 1	5 16	
29 Tu.	♈	6 48 5	13 1	1 16	

November, 1857, 30 Days.

MOON'S PHASES.

	D.	M.	SUN	SUN	MOON
			ris	sets.	sets.
Full Moon,	1 49	Even.			
Last Quarter,	8 11 6	Morn.			
New Moon,	16 10 46	Morn.			
First Quarter,	24 0 25	Even.			

	SIGN	SUN	SUN	MOON	
	IN.	ris	sets.	sets.	
1 Tu.	♈	H.M.	H.M.	H. M.	M.
2 W.	♈	6 51 5	9 rises.	16	
3 Th.	♈	6 53 5	7 5	6 16	
4 Fri.	♈	6 54 5	5 5	51 16	
5 Sat.	♈	6 55 5	5 4	50 16	
6 D.	♈	6 56 5	4 7	59 16	
7 M.	♈	6 57 5	3 9	13 16	
8 Tu.	♈	6 58 5	2 10	25 16	
9 W.	♈	7 0 5	11 36	16	
10 Th.	♈	7 1 5	59 morn	16	
11 Fri.	♈	7 2 5	45 42	16	
12 Sat.	♈	7 3 5	44 56	16	
13 D.	♈	7 4 5	43 55	3 16	
14 M.	♈	7 6 5	44 48	15	
15 Tu.	♈	7 8 5	43 53	5 15	
16 W.	♈	7 8 5	42 sets.	15	
17 Th.	♈	7 10 5	41 5	0 15	
18 Fri.	♈	7 11 5	40 50	5 46 15	
19 Sat.	♈	7 12 5	40 37	14	
20 D.	♈	7 13 5	40 8	33 14	
21 M.	♈	7 14 5	40 9	44 14	
22 Tu.	♈	7 15 5	40 10	50 13	
23 W.	♈	7 16 5	40 11	58 13	
24 Th.	♈	7 17 5	40 13	5 13	
25 Fri.	♈	7 18 5	42 15	12	
26 Sat.	♈	7 19 5	41 3	30 12	

December, 1857, 31 Days.

MOON'S PHASES.

	D.	H. M.	SUN	SUN	MOON
			ris	sets.	sets.
Full Moon,	1 5 49	Morn.			
Last Quarter,	8 1 30	Morn.			
New Moon,	16 5 53	Morn.			
First Quarter,	24 1 23	Morn.			
New Moon,	30 4 25	Even.			

	SIGN	SUN	SUN	MOON	
	IN.	ris	sets.	sets.	
1 Tu.	♈	H.M.	H.M.	H. M.	M.
2 W.	♈	7 21 4	39 rises.	11	
3 Th.	♈	7 22 4	38 6	49 10	
4 Fri.	♈	7 23 4	37 8	4 10	
5 Sat.	♈	7 24 4	36 10	30 9	
6 D.	♈	7 24 4	36 11	37 8	
7 M.	♈	7 25 4	35 morn	8	
8 Tu.	♈	7 25 4	34 35	40 7	
9 W.	♈	7 26 4	33 41	41 7	
10 Th.	♈	7 26 4	34 44	6 6	
11 Fri.	♈	7 26 4	34 45	5 5	
12 Sat.	♈	7 27 4	33 58	5 5	
13 D.	♈	7 27 4	33 68	5 4	
14 M.	♈	7 27 4	33 sets.	4 4	
15 Tu.	♈	7 27 4	33 5	29 4	
16 W.	♈	7 27 4	32 32	3 3	
17 Th.	♈	7 28 4	32 36	3 3	
18 Fri.	♈	7 28 4	32 32	2 2	
19 Sat.	♈	7 28 4	32 8	42 2	
20 D.	♈	7 28 4	32 9	48 2	
21 M.	♈	7 28 4	32 10	53 1	
22 Tu.	♈	7 28 4	32 morn	1	
23 W.	♈	7 28 4	32 1	11 sl.	
24 Th.	♈	7 28 4	32 1	11 sl.	
25 Fri.	♈	7 27 4	33 2	28 1	
26 Sat.	♈	7 27 4	33 3	40 1	
27 D.	♈	7 27 4	33 3	40 1	
28 M.	♈	7 27 4	33 3	40 1	

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AND EVERY DESCRIPTION OF

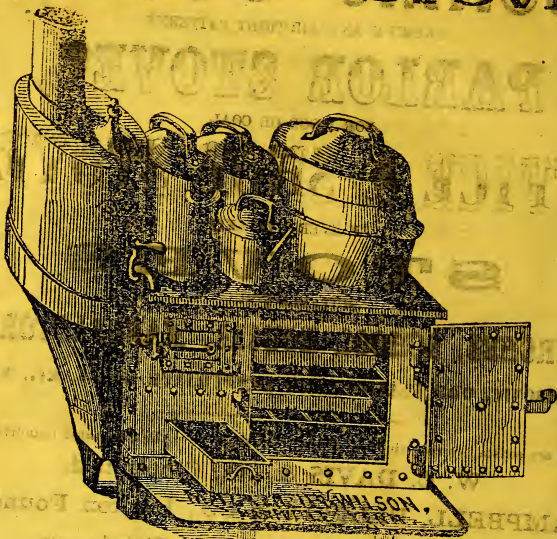
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- 4th. It is so simple in its construction that a child can use it.
- 5th. Its economy of fuel is such, that it does not use half as much fuel as a cast iron stove of the same size.
- 6th. In the economy of time it is important, as it can be heated ready for cooking in a few minutes.
- 7th. Its uniform regularity, as every part of the stove is equally heated at the same time.
- 8th. Its perfect reliability, as we have put up over four hundred of them in this State, and not one has ever failed to give entire satisfaction.

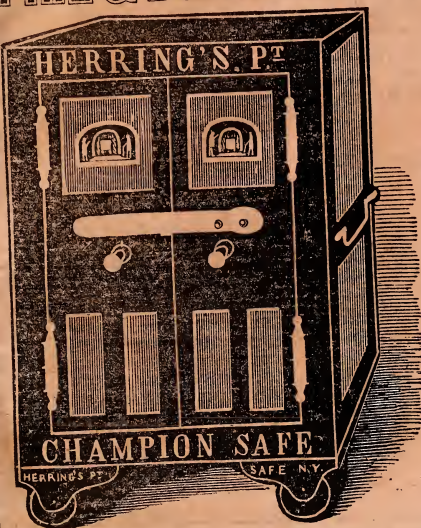
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The Graefenberg Family Medicines.

CONSUMPTIVE'S BALM,	Price \$3 00	per Bot.	See Page 6.
MARSHALL'S UTERINE CATHOLICON,	1 50	"	" " 20.
SARSAPARILLA COMPOUND,	1 00	"	" " 26.
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DYSENTERY SYRUP,	50	"	" " 15.
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FEVER AND AGUE REMEDY,	50	per Box.	" " 28.
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Orders from the trade are solicited, and a liberal discount will be made.

Four Boxes of GRAEFENBERG PILLS will be sent to any part of the country without expense, on the receipt of One Dollar.

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In order to satisfy all interested parties that the Graefenberg Company publish genuine certificates, and that their medicines are richly worthy of public confidence we beg attention to the following:

I hereby certify that I have examined a large number of Testimonials exhibited to me by the Graefenberg Company, relative to the merits of their Medicines, and I take pleasure in saying they seem to be genuine and entitled to the confidence of the public. My personal acquaintance with some of the members of the Company fully justifies me in expressing the opinion that their medicines are worthy of confidence.

(signed,)

Ed. and Prop'r N. Y. Commercial Advertiser.

I hereby certify that I have examined a number of Testimonials exhibited to me by the Graefenberg Company relative to the merits of their medicines, and I take pleasure in saying that they present evidence of genuineness, and are, therefore, entitled to the confidence of the public.

(signed.)

Of the Methodist Episcopal Church.

The Graefenberg Company having submitted to me a large number of Testimonials, to which the names of the Rev. N. Bangs, D. D., and Francis Hall, Esq., of New York, are affixed, as having examined said Testimonials, and found them genuine; I take great pleasure in certifying that the above named gentlemen are of the very highest standing and respectability, and that their names should give the greatest weight to anything to which they may attach them.

(Great Seal.)

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MAYOR'S OFFICE, CITY HALL,

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